CEP Department Newsletter, Volume VI Issue 3: CSI update, Promising Practices Conferences; Resources for School Counselors, Free on-line courses for Military Mental Health and more...

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**Latest Update on Chi Sigma Iota Honor Society for Counseling**

**Things to know:**

- Our next meeting is Nov. 15th, Tues, at 5:30pm in the CEP department. Learn more about CSI.
- We’ll be presenting to student organizations, Psi Chi Honor Society and Psych Society, about CSI and the newly CACREP accredited counseling program.
- We may be collaborating with Active Minds, a student organization, for their puppy petting event in Dec. Ask us how to help out!
- We’ll meet once a month on a Tues at 5:30pm: Nov 15th and Dec 6th.
- Questions about eligibility? Contact Dr. Crossley.
- Questions about meetings and activities? Contact cso@so.ric.edu.
- Learn more about CSI [here](#).

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**Resume Workshop for Counselors**

**OPEN to ALL students!**

Rho Iota Chi (CSI honor society chapter) is sponsoring a brown bag lunch resume workshop with Ellen Weaver-Paquette, career counseling expert and professor.

Learn what it means to create or update your resume for counseling jobs!

**Date:** Nov 4, Fri  
**Time:** Noon -1pm  
**Location:** CEP conference room, AL 107

Bring a copy of your resume.

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**Important Dates**

**November**
- 4 Friday Last day to withdraw from courses without permission
- 7 Monday Spring/Early Spring registration begins for degree candidates
- 8 Tuesday Election Day – (college closed, library closed)
- 11 Friday Veterans Day (college closed, library open-- holiday hours)
- 23 Wednesday Friday classes meet
- 24 Thursday Thanksgiving recess begins
- 28 Monday Classes resume: Early Spring registration begins for nondegree students (contact Records office)

**December**
- 3 Saturday Emergency make-up day (if needed and so designated by administration)
- 5 Monday Spring registration begins for non-degree graduate students
- 12 Monday Fall semester classes end
- 13 Tuesday Final examinations begin
- 19 Monday Final examinations end
- 20 Tuesday Snow date for final examinations

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**Registration for Spring Semester is Nov 7**

Find out about course offerings [here](#).

General registration info [here](#).
Upcoming Dates for Comprehensive Exam for MS Counseling Students

Date: March 24, 2017
Time 8:00-12 noon
Place: TBA

Students in their third year of the MS Clinical Mental Health Counseling program are advised to take the comprehensive exam this fall.

Learn more here.

Contact Ginny in the CEP department to get on the list by calling 401-456-8023 or email vporter@rie.edu. You will receive an email two weeks before the exam with more information and for on-line payment ($75). The exam will be computer-based.

Reminder for 539 & 684 Counseling Practicum Students

Register your Practicum site by Nov 4, Fri
Find out more here.
Register your site here.

School Psychology Corner: Join NASP, ESSA Changes and more...

Join NASP: Save $$ as a student member. Learn more about the benefits here. Join here.

NASP encourages School Psychologists to take full advantage of opportunities in Every Student Succeeds Act (ESSA): Learn more about the changes that affect you here.

Supervisor Coffee Hour: This event is a time in

Looking Ahead: Mental Health America 2017 Annual Conference

June 14-16, 2017
Washington D.C.
Learn more here.

SMHSA Videos on Cutting Edge Issues in Children's Mental Health

Watch here.

Living With Schizophrenia: My Father’s Perfect Family

"My father said on numerous occasions when I was growing up that he would see other families that had problems like divorce and drug use, and he would thank God that his family was so perfect. Things would change, though. They always do. And that perfect family would
which program faculty meet with our field-based supervisors to discuss expectations for practicum and internship and answer any questions they may have. This year, we will spend some time training the supervisors on our new Field-Based Supervisor Evaluation Tool.

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**Join the Mind Stimulation Therapy (MST) Work Group**
Facilitated by Mohiuddin Ahmed, Ph.D., and Charles Boisvert, Ph.D.

Next meeting is on **November 9**, Wed, at 6pm in AL 117

Please contact [Dr. Boisvert](mailto:boisvert@brown.edu) if you want to join the group email.

This is an opportunity to learn more MTS and discuss clinical cases with the founders of the therapy, counselors in the field and classmates. It's also a great opportunity to experience group supervision!

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**Check out this Mindfulness App**
Find it [here](https://smilingmind.org).

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**Call Your Representatives for More Funding for School Counselors**

According to the CDC, up to one in five kids living in the U.S. shows signs or symptoms of a mental health disorder in a given year. However, nearly 80 percent of kids who need mental health services won't get them. This leads to higher absences, lower grades and an increased drop-out rate.

ACA advocates for a 250 to 1 ratio of students to school counselors. The current national average is 471 to 1. You can help bridge this gap and get schools to increase funding for counselors by calling your local representatives and reaching out to your school board superintendents.

[Take action here.](https://www.nacsac.org/)

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**19th Annual Promising Practices Multicultural Conference**

“*A Strength-Based Approach To Foster Resiliency In All Communities*”

Only $15 for students!

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**Claude Steele of Stereotype Threat Speaking at Brown on Nov 9, Wed**

If you’ve taken cross-cultural counseling or will be, you learned about stereotype threat. Claude Steele, professor of psychology, who developed the theory will be at Brown to
Date: Nov 5, Sat  
Time: 7:45 a.m. – 2:30 p.m.  
Speaker: Dr. Robert Brooks  

Learn about the workshops here.  
Register here.

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One of the Benefits of CACREP Accreditation: Fellowships!  
CACREP Offers Research Opportunities for Students & Counselor Educators

CACREP is seeking two graduate students to become CRIGS Research Fellows for 2017. Applications are due by November 15, 2016. Learn more here.

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School Counselor Persuades Student to Hand Over Gun

Tennessee middle school counselor Molly Hudgens remained calm when a 14-year-old student walked into her office in late September reporting that he intended to kill her colleague teachers, but not harm students. During a 45-minute conversation, Ms. Hudgens convinced the young man to give her the gun and thus diffused a potentially tragic situation. Ms. Hudgens began working at the school as a language arts teacher, but transferred to the school counseling office in 2006 upon completing her Masters in School Counseling...

Read more here.

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How to Be Mindful While Brushing Your Teeth

from NYT's Meditation for Real Life

Read it here

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Check out The Professional Counselor's new special issue: School Counseling

School Counselors and a Multi-Tiered System of Supports: Cultivating Systemic Change and Equitable Outcomes

This issue presents a collection of articles exploring the planning of a multi-tiered system of supports and its integration into counselor education and school programs. Read about the results of a national study on
Home Base, a Red Sox and Massachusetts General Hospital Program, invites you to participate in FREE, 4-week, online, on-demand, accredited courses!

Home Base, a Red Sox Foundation and Massachusetts General Hospital Program, is dedicated to healing the invisible wounds for Post-9/11 Veterans, Service Members and their Families through world-class clinical care, wellness, education and research.

Learn more here.
Learn more about Home Base.

Super-saver rates to attend the ACA conference in San Francisco

From the webpage: "The decision to move the 2017 Conference & Expo was a bold move that spoke volumes about the counseling profession and the leadership of ACA. Now more than ever, we must truly unite in our efforts to protect the integrity of the counseling profession and the essential roles counselors play in communities nationwide. ACA's historic 65th annual conference in San Francisco is our opportunity to do just that. Make sure your voice is heard!"

Learn more here.

The New Focus on Children's Mental Health

Most teachers don't feel equipped to meet their students' emotional needs, but some programs are working to change that. Read more in The Atlantic...

Instagram's new tool offers support to people with mental health issues

Instagram has launched an anonymous reporting tool and support network, designed to tackle issues from self-harm to eating disorders. Read more in Wired...

Bruce Springsteen and Depression

Read how "The Boss" talks about his battle with depression. Find it here.

The Power of Zero: A Systems Approach to Suicide Prevention Free Webinar

Date: November 1, Tues
In this free webinar, Shel Gross, Director of Public Policy at Mental Health America of Wisconsin, will discuss the game-changing potential of the Zero Suicide initiative and how it is being implemented in Wisconsin. Zero Suicide is a quality improvement initiative that incorporates a variety of evidence-based and best practices across seven elements critical to suicide prevention in health and behavioral health care organizations. Shel will review these elements and talk about how MHA-Wisconsin has used a training and learning community approach to support implementation.

NAMIwalks: A success!

Thanks to Kelly Perron, Dr. Prachi Kene and her dog, Jack, and Elena Yee who joined the CEP@RIC Team for NAMIwalks on Oct 22, Sat. Even though it was a rainy start, there was a good turnout.

We raised 50% of our goal! If 100 students give $5, we can meet our remaining goal of $500.

Donate here!

Learn about the Fundamentals of Solution-Focused Brief Therapy for Multi-Stressed Youth and Families

Hosted by the Institute for Solution-Focused Therapy and Framingham State University

Date: Jan 7, 2017, Sat
Time: 8:30am-5pm
Location: Framingham State University in Mass (less than hour from Providence)

Register before Dec 9th for a discount here. Learn more about the Institute here.

New Resource Page Helps Counselors Navigate the 2016 Election

The American Counseling Association (ACA) Government Affairs team has developed an online toolkit for counselors. While the ACA does not endorse any candidates for office, it does encourage people to participate in the democratic process.

Learn more here.
Find out where the candidates stand on drug abuse and mental health.

Find out where your state ranks in mental health access

Mental Health America, a community-based nonprofit helping Americans achieve wellness by living mentally healthier lives, published its third annual State of Mental Health Report. The study ranks the fifty states and the District of Columbia on fifteen measures related to accessibility to mental health care, providing a snapshot of care across the country.

Find out here.

Anxy Magazine Destigmatizes Mental Illness Through Storytelling
Indhira Rojas, the California-based artist and immigrant from the Dominican Republic, created a new magazine whose goal is to destigmatize mental illness through story telling. Learn more here.

Job and Internship Opportunities

The Inner You Counseling Center
Fee for service Clinician
Rhode Island
Learn more here.

Check out these webpages for jobs in your profession:

- Indeed.com
- Monster.com
- HigherEdJobs.com
- CT.gov
- RI.gov
- Mass.gov
- National Board of Certified Counselors
- U.S. Dept. of Veterans Affairs

Check out your professional organization's webpage as there's often a tab for job opportunities.
Check out RIC's Career Development Center here.
Check out past CEP newsletters for job postings here.

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