

ACADEMIC RHODE MAP

BS HEALTH EDUCATION MAJOR



RHODE ISLAND COLLEGE

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support (OASIS) 401 456-8083 or online at <http://www.ric.edu/recordsoffice/Pages/College-Catalog.aspx> look at catalog for year you enrolled. For Gen Ed courses, aside from Second Language requirement, which varies depending on where you are placed, you need ONE course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Korean, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement look under the Gen Ed. section of the catalog. Any courses marked (F) offered Fall only; (Sp) Spring only. All courses marked with an asterisk * have a prerequisite. For information about Math Placement exam visit: <http://www.ric.edu/orientation/Pages/Math-Placement.aspx>

Cognates and Program Courses checklist	Course	Professional sequence	Course
BIOL 108 Basic Principles of Biology*		CEP 215 Introduction to Educational Psychology	
BIOL 231 Human Anatomy*		FNED 101 Introduction to Teaching and Learning	
BIOL 335 Human Physiology*		FNED 246 Schooling for Social Justice*	
HPE 200 Promoting Health and Well-Being in Schools*		HPE 300 Health Education and Health Promotion Pedagogy*	
HPE 210 Nutrition Education and Promotion* (Sp)		HPE 417 Practicum in Elementary Health Education (F)*	
HPE 326 Assessment in Health Education* (Sp)		HPE 418 Practicum in Secondary Health Education (Sp)*	
HPE 340 Sexual Health Education and Promotion* (F)		HPE 422 Student Teaching Seminar in Health Education*	
HPE 410 Managing Stress and Mental/Emotional Health*		HPE 424 Student Teaching in Health Education*	
HPE 431 Drug Education* (F)		HPE 434 Health Education Student Teaching Capstone*	
		SPED 333 Introduction to Special Education: Policies/Practices	
		SPED 433 Adaptation of Instruction for Inclusive Education*	
		TESL 401 Introduction to Teaching Emergent Bilinguals*	

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the Rhode Map with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

GRADUATION REQUIREMENTS: The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement and RIC 100 or its equivalent
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) Admission to FSEHD requires a minimum of B.
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75

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SEMESTER 1	CR	SEMESTER 1 CHECKPOINTS ✓
First Year Writing (FYW 100)	4	<input type="checkbox"/> FYW 100P is a 6 credit option. To decide which FYW to take, check the Directed Self-Placement test at www.ric.edu/firstyearwriting ; minimum grade of B
RIC 100 Introduction to Rhode Island College	1	<input type="checkbox"/> Exempt if taking COLL 101, COLL 150, or HONR 150
FNED 101 Introduction to Teaching and Learning	2	<input type="checkbox"/> Must gain satisfactory (satisfactory/unsatisfactory course)
Math Gen Ed. or another Gen Ed Distribution course	4	<input type="checkbox"/> Math Gen Ed. completed
HPE 200 Promoting Health and Well-Being in Schools	3	<input type="checkbox"/> Minimum grade of B-
Requirements and GPA		<input type="checkbox"/> Aim for 14 earned credits (While 12 is fulltime, 17 credits are preferred to stay on track to graduate in 4 years) <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Math competency completed
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 2	CR	SEMESTER 2 CHECKPOINTS ✓
FYS 100 First Year Seminar	4	
FNED 246 Schooling for Social Justice*	4	<input type="checkbox"/> Prereq. 12 credits, FYW with minimum grade of B and FNED 101; need B- minimum in course
HPE 210 Nutrition Education and Promotion	3	<input type="checkbox"/> Prereq. HPE 200 or consent of dept. chair <input type="checkbox"/> Minimum grade of B-
BIOL 108 Basic Principles of Biology (Gen Ed Natural Science)	4	<input type="checkbox"/> Prereq. Math competency; minimum grade of C
Requirements and GPA		<input type="checkbox"/> Apply for School of Education (FSEHD) admission at the end of this semester <input type="checkbox"/> Need a minimum of 29 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 3	CR	SEMESTER 3 CHECKPOINTS ✓
Gen Ed--Second Lang 101 (based on placement, a course higher than 101/102 may be taken). If language requirement satisfied: another Gen Ed Distribution course.	4	<input type="checkbox"/> Language placement test with Dept. of Modern Languages (optional)
HPE 300 Health Education and Health Promotion Pedagogy*	3	<input type="checkbox"/> Prereq. minimum 2.75 GPA and admission to program. <input type="checkbox"/> Minimum grade of B-
HPE 340 Sexual Education and Promotion (F)*	3	<input type="checkbox"/> Prereq. 24 completed credits; Minimum grade of B-
BIOL 231 Human Anatomy*	4	<input type="checkbox"/> Prereq. minimum of C in BIOL 108; Minimum grade of C
Requirements and GPA		<input type="checkbox"/> Apply for School of Education (FSEHD) admission at the end of this semester (or next semester if preferred) <input type="checkbox"/> Need minimum of 43 earned credits, <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

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SEMESTER 4	CR	SEMESTER 4 CHECKPOINTS ✓
Gen Ed--Second Lang 102* (if needed) or any still needed Gen Ed, or elective	4	<input type="checkbox"/> Prereq. Second Lang 101; Complete Second Lang 102, grade C or better
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L)	4	
HPE 326 Assessment in Health Education* (Sp)	2	<input type="checkbox"/> Prereqs. HPE 300; Minimum grade B-
CEP 215 Introduction to Educational Psychology	4	<input type="checkbox"/> Satisfies Gen Ed SB; Minimum grade of B-
BIOL 335 Human Physiology* (Gen Ed- Advanced Quantitative/Scientific Reasoning)	4	<input type="checkbox"/> Prereqs. BIOL 108 and 231 <input type="checkbox"/> Minimum grade of C
Requirements and GPA		<input type="checkbox"/> Need minimum of 60 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 5	CR	SEMESTER 5 CHECKPOINTS ✓
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L)	4	
HPE 410 Managing Stress and Mental/Emotional Health*	3	<input type="checkbox"/> Prereqs. 45 credits; Minimum grade of B-
HPE 417 Practicum in Elementary Health Education (F)*	3	<input type="checkbox"/> Prereq. HPE 300; Minimum grade of B-
SPED 333 Introduction to Special Education: Policies/Practices	3	<input type="checkbox"/> Prereq. is HPE 300; Minimum grade of B-
Elective	3-4	<input type="checkbox"/>
Requirements and GPA		<input type="checkbox"/> Take PLT and HE Content Test <input type="checkbox"/> Aim for minimum of 75 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	16-17	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 6	CR	SEMESTER 6 CHECKPOINTS ✓
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L)	4	<input type="checkbox"/> Need One from each distribution
HPE 418 Practicum in Secondary Health Education (Sp)*	3	<input type="checkbox"/> Prereqs. HPE 417, and a minimum GPA of 2.75 <input type="checkbox"/> Minimum grade of B-
SPED 433 Adaptation of Instruction for Inclusive Education*	3	<input type="checkbox"/> Admission to and retention in a teacher preparation program; concurrent enrollment in a health methods/practicum course, and SPED 333 or consent of department chair
Elective	3-4	
Requirements and GPA		<input type="checkbox"/> Take HE content test <input type="checkbox"/> Aim for minimum of 90 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Gather Student Teaching information from OPP <input type="checkbox"/> Apply for degree audit online through MyRIC
# CREDITS EARNED	13-14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

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SEMESTER 7	CR	SEMESTER 7 CHECKPOINTS ✓
Choose Connections course (Gen Ed-C)*	4	<input type="checkbox"/> Prereqs are 45 completed credits and FYW and FYS.
HPE 431 Drug Education* (F)	4	<input type="checkbox"/> Prereqs. HPE 233 and 60 credit hours; Minimum grade B-
TESL 401 Introduction to Teaching Emergent Bilinguals*	4	<input type="checkbox"/> Prereq. FNED 246; minimum grade of B-
Elective	3-4	
Requirements and GPA		<input type="checkbox"/> All ten GE courses and second lang. req. completed <input type="checkbox"/> Submit Preparing to Teach Portfolio <input type="checkbox"/> Aim for minimum of 105 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	15-16	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 8	CR	SEMESTER 8 CHECKPOINTS ✓
HPE 422 Student Teaching Seminar in Health Education*	2	<input type="checkbox"/> Prereq. concurrent enrollment in HPE 424 <input type="checkbox"/> Minimum grade of B-
HPE 424 Student Teaching in Health Education*	9	<input type="checkbox"/> Prereqs. concurrent enrollment in HPE 422; approved Preparing to Teach Portfolio, passing score on Praxis, and completion of all other FSHED admission and retention requirements <input type="checkbox"/> Graded S/U
HPE 434 Health Education Student Teaching Capstone*	1	<input type="checkbox"/> Early Spring <input type="checkbox"/> Prereq. is portfolio approval
		<input type="checkbox"/> Need minimum of 120 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Minimum GPA of 2.0 in major
# CREDITS EARNED	12	Attend Gradfest and Commencement

For more information, check the Health and Physical Education Department website:

<http://www.ric.edu/healthPhysicalEducation/Pages/default.aspx>

NOTE: The total credit count for Health Education major is 70 credits although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 9 more depending on secondary language needs and RIC 100. The minimum credit count will be 98 credits (without secondary language or RIC 100), which would leave 21 elective credits.