

**ACADEMIC RHODEMAP
BS HEALTH EDUCATION MAJOR**



RHODE ISLAND COLLEGE

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support and Information Services (OASIS) or online at <http://ric.smartcatalogiq.com/en/2014-2015/Catalog/General-Education>. For General Education courses, aside from Second Language requirement, which varies depending on where you are placed, you need **ONE** course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement see: <http://ric.smartcatalogiq.com/en/2014-2015/Catalog/General-Education/Second-Language-Requirement>. Courses marked (F) offered Fall only; (Sp) Spring. All courses marked with an asterisk * have a prerequisite.

Cognates and Program Courses checklist	Course	Program Courses contd. /Professional sequence	Course
BIOL 108 Basic Principles of Biology*		HPE 404 Organization and Administration of School Health Education programs (Sp)*	
BIOL 231 Human Anatomy*		HPE 410 Stress Management*	
BIOL 335 Human Physiology*		HPE 431 Drug Education*	
PSYC 110 Introduction to Psychology		CEP 315 Educational Psychology*	
HPE 101 Human Sexuality		FNED 346 Schooling in a Democratic Society*	
HPE 102 Personal Health		HPE 300 Concepts of Teaching*	
HPE 202 Principles of Health Education*		HPE 417 Instructional Planning in Health Education (Sp)*	
HPE 221 Nutrition		HPE 418 Practicum in Health Education (F)*	
HPE 233 Social Perspectives of Health*		HPE 422 Student Teaching Seminar in Health Education*	
HPE 303 Community Health*		HPE 424 Student Teaching in Health Education*	
HPE 307 Dynamic and Determinants of Disease*		SPED 433 Adaptation of Instruction for Inclusive Education*	
HPE 325 Assessment in Health and Physical Education (F)*			

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the RhodeMap with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

GRADUATION REQUIREMENTS: The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C)
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75



SEMESTER 1	CR	SEMESTER 1 CHECKPOINTS ✓
First Year Writing (FYW 100)	4	<input type="checkbox"/> FYW 100P is a 6 credit option. To decide which FYW to take, check the Directed Self-Placement test at www.ric.edu/firstyearwriting ; minimum grade of B
Gen Ed--Second Lang 101 (based on placement, a course higher than 101/102 may be taken). If language requirement satisfied: another Gen Ed Distribution course.	4	<input type="checkbox"/> Language placement test with Dept. of Modern Languages (optional)
Gen Ed Social and Behavioral Sciences (SB) PSYC 110 Introduction to Psychology	4	<input type="checkbox"/> Minimum grade of C
HPE 102 Personal Health	3	<input type="checkbox"/> Minimum grade of B-
Requirements and GPA		<input type="checkbox"/> Aim for 16 earned credits (While 12 is fulltime, 16 credits are preferred to stay on track to graduate in 4 years) <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Math competency completed
# CREDITS EARNED	15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 2	CR	SEMESTER 2 CHECKPOINTS ✓
FYS 100 First Year Seminar	4	
HPE 202 Principles of Health Education*	3	<input type="checkbox"/> Prereq. HPE 102; Minimum grade of B-
FNED 346 Schooling in a Democratic Society*	4	<input type="checkbox"/> Prereq. FYW minimum grade of B; Minimum grade of B-
BIOL 108 Basic Principles of Biology (Gen Ed Natural Science)	4	<input type="checkbox"/> Prereq. Math competency; minimum grade of C
Requirements and GPA		<input type="checkbox"/> Need a minimum of 30 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 3	CR	SEMESTER 3 CHECKPOINTS ✓
HPE 101 Human Sexuality	3	<input type="checkbox"/> Minimum grade of B-
HPE 233 Social Perspectives of Health*	3	<input type="checkbox"/> Prereq. 24 completed credits; Minimum grade of B-
Math Gen Ed. or another Gen Ed Distribution course	4	<input type="checkbox"/> Math Gen Ed. completed
BIOL 231 Human Anatomy*	4	<input type="checkbox"/> Prereq. minimum of C in BIOL 108; Minimum grade of C
Gen Ed--Second Lang 102* (if needed) or Gen Ed Math (M) course	4	<input type="checkbox"/> Prereq. Second Lang 101; Complete Second Lang 102, grade C or better
Requirements and GPA		<input type="checkbox"/> Apply for School of Education (FSEHD) admission at the end of this semester (or next semester if preferred) <input type="checkbox"/> Need minimum of 45 earned credits, <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.



SEMESTER 4	CR	SEMESTER 4 CHECKPOINTS ✓
HPE 221 Nutrition	3	
BIOL 335 Human Physiology* (Gen Ed-Advanced Quantitative/Scientific Reasoning)	4	<input type="checkbox"/> Prereqs. BIOL 108 and 231 <input type="checkbox"/> Minimum grade of C
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L).	4	
Free elective	3-4	
Requirements and GPA		<input type="checkbox"/> Need minimum of 60 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14-15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

SEMESTER 5	CR	SEMESTER 5 CHECKPOINTS ✓
HPE 300 Concepts of Teaching*	4	<input type="checkbox"/> Prereq. minimum 2.75 GPA and admission to program. <input type="checkbox"/> Minimum grade of B-
HPE 307 Dynamics and Determinants of Disease*	3	<input type="checkbox"/> Prereqs. HPE 102 and 30 credits. Minimum grade of B-
HPE 410 Stress Management*	3	<input type="checkbox"/> Prereqs. Gen Ed SB and 60 credits
CEP 315 Educational Psychology*	4	<input type="checkbox"/> Prereq. admission to teacher preparation program
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L), or elective	3-4	
Requirements and GPA		<input type="checkbox"/> Take PLT and HE Content Test <input type="checkbox"/> Aim for minimum of 75 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	17-18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 6	CR	SEMESTER 6 CHECKPOINTS ✓
HPE 303 Community Health*	3	<input type="checkbox"/> Prereqs. Prereq. Admission School of Ed.; Minimum grade B-
HPE 404 Organization and Administration of School Health Education programs (Sp)*	3	<input type="checkbox"/> Prereqs. HPE 300, minimum GPA of 2.75 and admission into Health Ed. teacher preparation program; Minimum grade B-
HPE 417 Instructional Planning in Health Education (Sp)*	3	<input type="checkbox"/> Prereq. HPE 300 ; Minimum grade of B-
HPE 431 Drug Education*	3	<input type="checkbox"/> Prereqs. HPE 233 and 60 credit hours; Minimum grade B-
SPED 433 Adaptation of Instruction for Inclusive Education*	3	<input type="checkbox"/> Prereqs. HPE 300 and admission to teacher prep. Program; Minimum grade B-
Requirements and GPA		<input type="checkbox"/> Aim for minimum of 90 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Apply for degree audit online through MyRI
# CREDITS EARNED	15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.



SEMESTER 7	CR	SEMESTER 7 CHECKPOINTS ✓
Choose Connections course (Gen Ed-C)*	4	<input type="checkbox"/> Prereqs are 45 completed credits and FYW and FYS.
HPE 418 Practicum in Health Education (F)*	4	<input type="checkbox"/> Prereqs. HPE 417, and a minimum GPA of 2.75 <input type="checkbox"/> Minimum grade of B-
HPE 325 Assessment in Health and Physical Education (F)*	3	<input type="checkbox"/> Prereqs. HPE 300; Minimum grade of B-
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L), or elective	3-4	
Requirements and GPA		<input type="checkbox"/> All ten GE courses and second lang. req. completed <input type="checkbox"/> Submit Preparing to Teach Portfolio <input type="checkbox"/> Aim for minimum of 105 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14-15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

SEMESTER 8	CR	SEMESTER 8 CHECKPOINTS ✓
HPE 422 Student Teaching Seminar in Health Education*	2	<input type="checkbox"/> Prereq. concurrent enrollment in HPE 424 <input type="checkbox"/> Minimum grade of B-
HPE 424 Student Teaching in Health Education*	10	<input type="checkbox"/> Prereqs. concurrent enrollment in HPE 422; approved Preparing to Teach Portfolio, passing score on Praxis, and completion of all other FSHEd admission and retention requirements <input type="checkbox"/> Graded S/U
		<input type="checkbox"/> Need minimum of 120 earned credits <input type="checkbox"/> Minimum 2.75 GPA <input type="checkbox"/> Minimum GPA of 2.0 in major
# CREDITS EARNED	12	Attend Gradfest and Commencement

For more information, check the Health and Physical Education Department website:
<http://www.ric.edu/healthPhysicalEducation/index.php>