

# ACADEMIC RHODE MAP

## BS PHYSICAL EDUCATION MAJOR



RHODE ISLAND COLLEGE

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support (OASIS) 401 456-8083 or online at <http://www.ric.edu/recordsoffice/Pages/College-Catalog.aspx> look at catalog for year you enrolled. For Gen Ed courses, aside from Second Language requirement, which varies depending on where you are placed, you need ONE course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Korean, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement look under the Gen Ed. section of the catalog. Any courses marked (F) offered Fall only; (Sp) Spring only. All courses marked with an asterisk \* have a prerequisite. Courses with (WID) are Writing in the Discipline courses and will be writing intensive. For information about Math Placement exam visit: <http://www.ric.edu/orientation/Pages/Math-Placement.aspx>.

Cognates and Program Courses checklist	Course	Program and Activity Courses, & Professional sequence	Course
BIOL 108 Basic Principles of Biology*		HPE 313 Elementary Activities (F) *	
BIOL 231 Human Anatomy*		HPE 314 Middle School Activities (F) *	
BIOL 335 Human Physiology*		HPE 315 High School Activities (F)*	
SPED 333 Introduction to Special Education: Policies/Practices		FNED 101 Introduction to Teaching and Learning	
		CEP 215 Introduction to Educational Psychology*	
TESL 401 Introduction to Teaching Emergent Bilinguals*		FNED 246 Schooling for Social Justice*	
HPE 102 Human Health and Disease		HPE 413 Practicum in Elementary Physical Education (Sp)*	
HPE 140 Foundations: Physical Education and Exercise Science		HPE 414 Practicum in Secondary Physical Education (Sp)* (WID)	
HPE 243 Motor Development and Motor Learning		HPE 423 Student Teaching Seminar in Physical Education* (WID)	
HPE 301 Principles of Teaching Activity* (WID)		HPE 425 Student Teaching in Physical Education*(WID)	
HPE 325 Assessment in Physical Education (F)*. 2		HPE 435 Physical Education Student Teaching Capstone*	
HPE 409 Adapted Physical Education (Sp)*		HPE 444 Practicum in Adapted Physical Education (Early Sp)*	
HPE 415 Teaching/Assessment in Adapted PE (F)*		Note: Students must also demonstrate basic-level competency in aquatics by providing evidence of satisfactory completion of an entry-level or higher swimming course or its equivalent prior to student teaching. Materials explaining ways to fulfill this requirement are available in the Department of Health and Physical Education	
HPE 428 Educational Kinesiology and Exercise Physiology (F)*			

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the Rhode Map with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

**GRADUATION REQUIREMENTS:** The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement and RIC 100 or its equivalent
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) Admission to FSEHD requires a minimum of B.
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75

Approved by Department Chair: Carol Cummings Date 6/1/2020

Approved by Undergraduate Curriculum Committee: Date 6/9/2020

Revised:

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**RHODE ISLAND COLLEGE**

<b>SEMESTER 1</b>	<b>CR</b>	<b>SEMESTER 1 CHECKPOINTS ✓</b>
First Year Writing (FYW 100)	4	<input type="checkbox"/> FYW 100P is a 6 credit option. To decide which FYW to take, check the Directed Self-Placement test at <a href="http://www.ric.edu/firstyearwriting">www.ric.edu/firstyearwriting</a> ; minimum grade of B
RIC 100 Introduction to Rhode Island College	1	<input type="checkbox"/> Exempt if taking COLL 101, COLL 150, or HONR 150
FNED 101 Introduction to Teaching and Learning	2	
HPE 140 Introduction to Movement Sciences	3	<input type="checkbox"/> Minimum grade of B-
Math Gen Ed. or another Gen Ed Distribution course	4	<input type="checkbox"/> Math Gen Ed. completed
		<input type="checkbox"/> Aim for 15 earned credits (While 12 is fulltime, 15 credits per semester is best to stay on track to graduate in 4 years)
Requirements and GPA		<input type="checkbox"/> Minimum overall 2.75 GPA
		<input type="checkbox"/> Math competency completed
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 2</b>	<b>CR</b>	<b>SEMESTER 2 CHECKPOINTS ✓</b>
FYS 100 First Year Seminar	4	
FNED 246 Schooling for Social Justice*	4	<input type="checkbox"/> Prereq. 12 credits, FYW with minimum grade of B and FNED 101; need B- minimum in FNED 246
HPE 102 Human Health and Disease	3	<input type="checkbox"/> Minimum grade of B-
HPE 243 Motor Development and Motor Learning	3	<input type="checkbox"/> Minimum grade of B-
BIOL 108 Basic Principles of Biology (Gen Ed Natural Science)	4	<input type="checkbox"/> Prereq. Math competency; minimum grade of C
		<input type="checkbox"/> Need a minimum of 30 earned credits
Requirements and GPA		<input type="checkbox"/> Minimum overall 2.75 GPA
		<input type="checkbox"/> Apply for School of Education (FSEHD) admission at the end of this semester
# CREDITS EARNED	18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

<b>SEMESTER 3</b>	<b>CR</b>	<b>SEMESTER 3 CHECKPOINTS ✓</b>
Gen Ed Distribution course from <b>one</b> of these GE categories: Arts (A); History (H); or Literature (L).	4	
Gen Ed--Second Lang 101 (based on placement, a course higher than 101 may be taken). If language requirement satisfied: another Gen Ed Distribution course.	4	<input type="checkbox"/> Language placement test with Dept. of Modern Languages (optional)
HPE 301 Principles of Teaching Activity* (WID)	3	<input type="checkbox"/> Prereq. HPE 140 and 243, and admission into the School of Ed.; Minimum grade of B-
HPE 313 Elementary Activities* (F)	3	<input type="checkbox"/> 12 credits, including HPE 243; Minimum grade of B-
BIOL 231 Human Anatomy*	4	<input type="checkbox"/> Prereq. minimum of C in BIOL 108; Minimum grade of C
Requirements and GPA		<input type="checkbox"/> Need minimum of 45 earned credits,
		<input type="checkbox"/> Minimum overall 2.75 GPA
# CREDITS EARNED	18	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

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<b>SEMESTER 4</b>	<b>CR</b>	<b>SEMESTER 4 CHECKPOINTS ✓</b>
Gen Ed--Second Lang 102* (if needed) or elective	3-4	<input type="checkbox"/> Prereq. Second Lang 101; Complete Second Lang 102 (if needed)
BIOL 335 Human Physiology* (Gen Ed-Advanced Quantitative/Scientific Reasoning)	4	<input type="checkbox"/> Prereqs. BIOL 108 and 231 <input type="checkbox"/> Minimum grade of C
HPE 413 Practicum in Elementary Physical Education (Sp)*	3	<input type="checkbox"/> Prereqs. HPE 313, and admission to School of Ed.; Minimum grade of B-
TESL 401 Introduction to Teaching Emergent Bilinguals*	4	<input type="checkbox"/> Prereq. is FNED 246
Requirements and GPA		<input type="checkbox"/> Need minimum of 60 earned credits <input type="checkbox"/> Minimum overall 2.75 GPA
# CREDITS EARNED	14-15	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

<b>SEMESTER 5</b>	<b>CR</b>	<b>SEMESTER 5 CHECKPOINTS ✓</b>
HPE 314 Middle School Activities (F)*	3	<input type="checkbox"/> Prereq. HPE 301 and 313; Minimum grade of B-
HPE 315 High School Activities (F)*	3	<input type="checkbox"/> Prereq. HPE 314 or consent of chair
HPE 325 Assessment in Health and Physical Education (F)*	2	<input type="checkbox"/> Prereqs. HPE 301; Minimum grade of B-
HPE 428 Educational Kinesiology and Exercise Physiology (F)*	3	<input type="checkbox"/> BIO 231, BIOL 335, and HPE 313; Minimum grade B-
SPED 333 Introduction to Special Education: Policies/Practices*	3	<input type="checkbox"/> Prereq. is HPE 301 <input type="checkbox"/> Minimum grade of B-
Requirements and GPA		<input type="checkbox"/> Take PLT and PE Content Test <input type="checkbox"/> Aim for minimum of 75 earned credits <input type="checkbox"/> Minimum 2.75 GPA
# CREDITS EARNED	14	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 6</b>	<b>CR</b>	<b>SEMESTER 6 CHECKPOINTS ✓</b>
GenEd Distribution course from one of these GE categories: Arts (A); History (H); or Literature (L).	4	<input type="checkbox"/> Need ONE from each distribution
CEP 215 Introduction to Educational Psychology*	4	<input type="checkbox"/> Satisfies Gen Ed. SB.
HPE 409 Adapted Physical Education (Sp)*	3	<input type="checkbox"/> Prereqs. SPED 333 and current enrollment in or completion of HPE 413 or HPE 414. Minimum grade of B-
HPE 414 Practicum in Secondary Physical Education (Sp)* (WID)	3	<input type="checkbox"/> Prereqs. HPE 314 and 315 and admission to School of Ed.; Minimum grade B-
Requirements and GPA	2	<input type="checkbox"/> Prereqs. are SPED 333, HPE 409, HPE and 415 <input type="checkbox"/> Aim for minimum of 92 earned credits <input type="checkbox"/> Minimum overall 2.75 GPA <input type="checkbox"/> Apply for degree audit online through MyRI
# CREDITS EARNED	17	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Feb.

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<b>SEMESTER 7</b>	<b>CR</b>	<b>SEMESTER 7 CHECKPOINTS ✓</b>
GenEd Distribution course from <b>one</b> of these GE categories: Arts (A); History(H); or Literature (L), if still needed.	<b>4</b>	<input type="checkbox"/> Need ONE from each distribution
HPE 415 Teaching/Assessment in Adapted Physical Education (F)*	<b>3</b>	<input type="checkbox"/> HPE 409 and SPED 433 with minimum grade B- <input type="checkbox"/> Minimum Grade of B-
Choose Connections course (Gen Ed-C)*	<b>4</b>	<input type="checkbox"/> Prereqs are 45 completed credits and FYW and FYS.
Elective	<b>3-4</b>	
Requirements and GPA		<input type="checkbox"/> All ten GE courses and second lang. req. completed <input type="checkbox"/> Submit Preparing to Teach Portfolio <input type="checkbox"/> Aim for minimum of 108 earned credits <input type="checkbox"/> Minimum overall 2.75 GPA
# CREDITS EARNED	<b>14-15</b>	<input type="checkbox"/> Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 8</b>	<b>CR</b>	<b>SEMESTER 8 CHECKPOINTS ✓</b>
HPE 423 Student Teaching Seminar in Physical Education* (WID)	<b>2</b>	<input type="checkbox"/> Prereq. concurrent enrollment in HPE 425 <input type="checkbox"/> Minimum grade of B-
HPE 425 Student Teaching in Physical Education* (WID)	<b>9</b>	<input type="checkbox"/> Prereqs. concurrent enrollment in HPE 423; approved Preparing to Teach Portfolio, passing score on Praxis, and completion of all other FSHEd admission and retention requirements; Graded S/U
HPE 435 Physical Education Student Teaching Capstone*	<b>1</b>	<input type="checkbox"/> Early Spring/intercession; Prereqs. approved Preparing to Teach Portfolio and other Feinstein School of Education and Human Development admission and retention requirements.
HPE 444 Practicum in Adapted Physical Education (early Sp)*		<input type="checkbox"/> Prereqs. are SPED 333, HPE 409, HPE and 415
		<input type="checkbox"/> Need minimum of 120 earned credits <input type="checkbox"/> Minimum overall 2.75 GPA
# CREDITS EARNED	<b>14</b>	Attend Gradfest and Commencement

**For more information, check the Health and Physical Education Department website:  
<http://www.ric.edu/healthPhysicalEducation/Pages/default.aspx>**

**Coaching Minor: [RIC Health and Physical Education Coaching Minor Information](#)**

- Students may consider the 18 credit Minor in Coaching
  - Requirements: HPE 201, 205, 243, 278, 308 and 408, and current certification in first aid and CPR.
  - Be advised that majors in the Health and Physical Education Department already have some of the coaching minor courses required in their plans of study.
- **Physical Education Teacher Preparation majors only need to add HPE 201, 308, and 408 to earn the minor.**

**NOTE: The total credit count for Physical Education major is 81 credits, although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 9 more depending on secondary language needs and RIC 100. The minimum credit count will be 109 credits (without secondary language or RIC 100), which would leave 11 elective credits.**

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