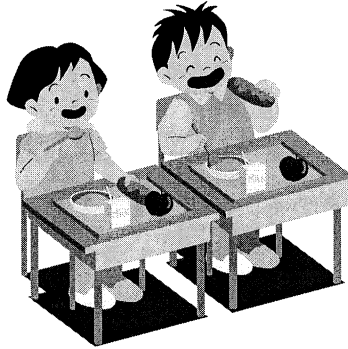


**Belknap-Merrimack Head Start
Cool Tools for Teaching the Big Bs**



School-wide Expectation: Be Kind at Mealtime
Location: Mealtime
Name of the Skill: Be Sure Everyone Gets a Serving

Developed by: Beth Achorn
Date: 12/29/2004

Purpose of the Lesson/Why It's Important:

Learning to pass the bowls of food carefully so everyone gets a serving.

Teaching Examples:

“Here are the potatoes, children, please serve yourself and pass them onto the next person.”
“Here are some peaches. Please serve yourself and pass them onto the next person”

Child Activities/Role Plays:

Have Children take turns passing the vegetables around a table to each person.
Have them pass the fruit around; each pretending to take a spoonful.

Follow-Up/Reinforcement Activities: