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Brush Well
A Look at Dental Care
by Katie Bagley
Adapted from the original text, Brush Well: A Look at Dental Care, by Katie Bagley
By: Katie Bagley

Adapted by: Holly Mignanelli
Your teeth are important.

Teeth help you smile, chew and speak.

Kids have 20 teeth.

Adults have 32 teeth.
PARTS OF A TOOTH

1. Crown
2. Root
3. Enamel
4. Dentin
5. Pulp
6. Cementum
7. Periodontal Ligament

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A tooth has many parts.

A crown is the top part of a tooth.

The roots grow under your gums.

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Teeth come in many sizes and shapes.

A tooth helps you tear and bite your food.

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Dental Cavity

Cavities are holes in teeth, formed when plaque erodes the tooth's enamel.
A cavity is a broken piece of tooth.

Plaque is build up on your teeth.

Sugar is bad for your teeth.

Adapted from the original text, Brush Well: A Look at Dental Care, by Katie Bagley
Brushing your teeth helps keep away a cavity.

Brush your teeth before you go to bed.
Adapted from the original text, *Brush Well: A Look at Dental Care*, by Katie Bagley
Toothbrushes are important to keep your teeth healthy.

Get a new toothbrush every 6 months.

Adapted from the original text, Brush Well: A Look at Dental Care, by Katie Bagley
Dental floss removes food and plaque from your teeth.

Floss your teeth every day.
Eat right to keep your teeth healthy.

Drink milk to keep your teeth strong.

Candy, cookies and soda are not good for your teeth.

Adapted from the original text, Brush Well: A Look at Dental Care, by Katie Bagley
Go to the dentist two times a year.

A dentist can fix a cavity.

Adapted from the original text, Brush Well: A Look at Dental Care, by Katie Bagley
Words to Know

Cavity
dentist
Plaque
Toothbrush

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