This Adapted Literature resource is available through the Sherlock Center Resource Library.

The text and graphics are adapted from the original source. These resources are provided for teachers to help students with severe disabilities participate in the general curriculum. Please limit the use and distribution of these materials accordingly.
Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books.
Brother Bear
and
Sister Bear
eat
time.
chips, popcorn, and
candy
all the

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
At the movies, at the mall, and any time they want.
Brother Bear and Sister Bear are getting fat.
Mama Bear said, "Stop eating junk food."
Mama Bear put all of the junk food into the freezer.
Papa Bear is upset.

Papa Bear bent over to pick up the last piece of junk food.

His pants ripped.

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
Mama Bear said, "Eat some healthy foods. Healthy foods are fruits, vegetables, and water."
The Berenstain Bears went to the supermarket. They bought healthy food.
Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain, First Time Books.
Your body has an outside and an inside.
Your body keeps blood flowing inside of it. Nerves help us think and feel. Your body has nerves.
Your body has muscles and bones. Your body uses food for energy.
The last slide showed different healthy foods to help your body.
Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
At first it was hard to eat healthy food. Mama Bear made apple slices, nuts, raisins, yogurt and carrots.
The Berenstain Bears ran in the 3 mile run.
Awards
Three Mile Run
Annual Bear Country
All of the Berenstain Bears finished the race. They won an award.
Papa Bear wanted to celebrate by eating the junk food in the freezer.
Brother Bear and Sister Bear wanted nuts and carrots.
Papa agreed.

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books