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Germs Are Not for Sharing

By Elizabeth Verdick
Illustrated by Marieka Heinlen
What are too small, but can make you sick
They are in the air, food, water and on your body.
Don't share germs.

They make you sick.
Cover your nose with a tissue so germs don't get out.
Cover your mouth like this...
Wash your hands.

Germs are not for sharing.
If germs stay on your hands, you can give germs to other people.
Everything you touch has germs.
Here are some places where you can find germs.
Washing Your Hands

1. Wet Hands under warm running water
2. Add Soap to help kill germs
3. Scrub for at least 15 seconds
   - Scrub the front and back
   - Scrub between your fingers
   - Scrub your wrists
4. Rinse well under warm running water
5. Dry hands with a clean towel
What should you do?

Wash your hands with soap and water.
Wash your hands front to back then rinse.
Goodbye Germs
All Clean
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