This Adapted Literature resource is available through the Sherlock Center Resource Library.

The text and graphics are adapted from the original source. These resources are provided for teachers to help students with severe disabilities participate in the general curriculum. Please limit the use and distribution of these materials accordingly.
The Berenstain Bears Live in a Tree House.
Berenstain Bears
and
Sister Bear
eat
time.
chips,
popcorn,
and
candy
too
all
the

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
Brother Bear and Sister Bear are getting fat.
Mama Bear said, "Stop eating junk food."
Mama Bear put all of the junk food into the freezer.

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
Papa Bear is upset. Papa Bear bent over to pick up the last piece of junk.

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books.
Mama Bear said, "Eat some healthy foods. Healthy foods are fruits, vegetables, and water."
The Berenstain Bears went to the supermarket.

They bought healthy food.
The Berenstain Bears

are

in the

candy

aisle. Dr. Grizzly

saw

family

and said, "Come see me."

Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
Nerves help us think and feel. Your body has nerves.

Your body keeps blood flowing inside of it.
your body has muscles and bones. Your body uses food for energy.
The last slide showed different foods. Healthy foods help your body.
The Berenstain Bears jogged home.
At first, it was hard to eat healthy food. Mama Bear made apple slices, nuts, raisins, yogurt, and carrots.
The Berenstain Bears ran in the 3-mile run.
All of the Berenstain Bears finished the race. They won an award.
Adapted from the original text, Berenstain Bears and Too Much Junk Food, by Stan & Jan Berenstain: First Time Books
Papa Bear wanted to celebrate by eating the junk food in the freezer.
Brother Bear and Sister Bear wanted nuts and carrots. Papa agreed.