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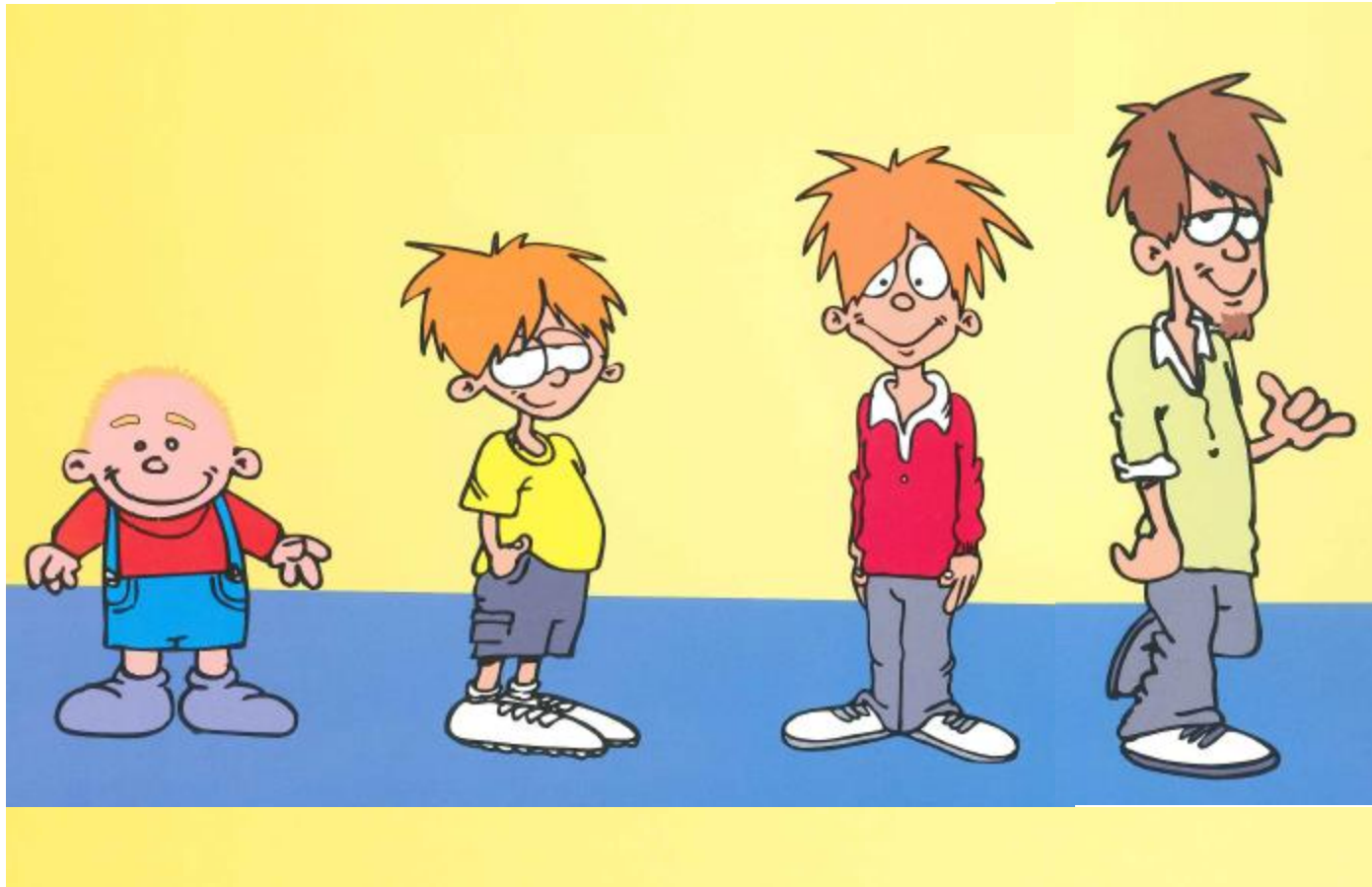
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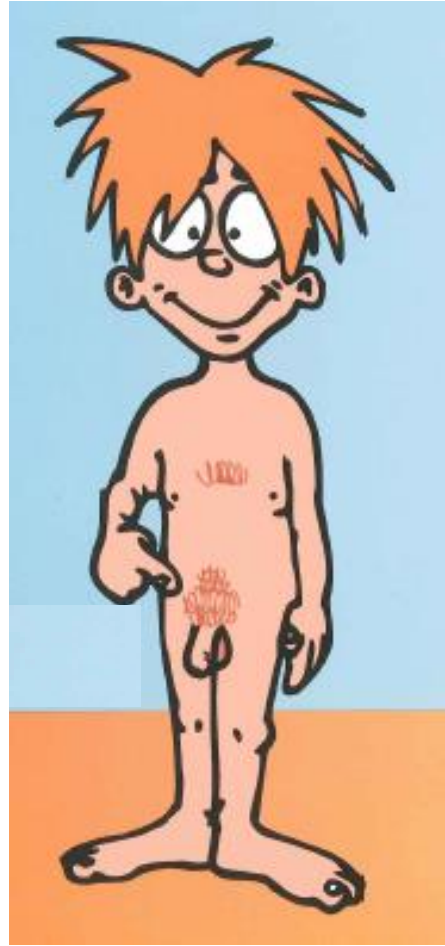
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**As Boys
Get Older**



Boys grow up to be men.



Boys



grow



hair

on their



body.



This







is called **pubic**



hair.



   + 
Your body can sweat and smell.



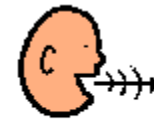
You



may get pimples



and a low



voice.



You

need to



wash



your

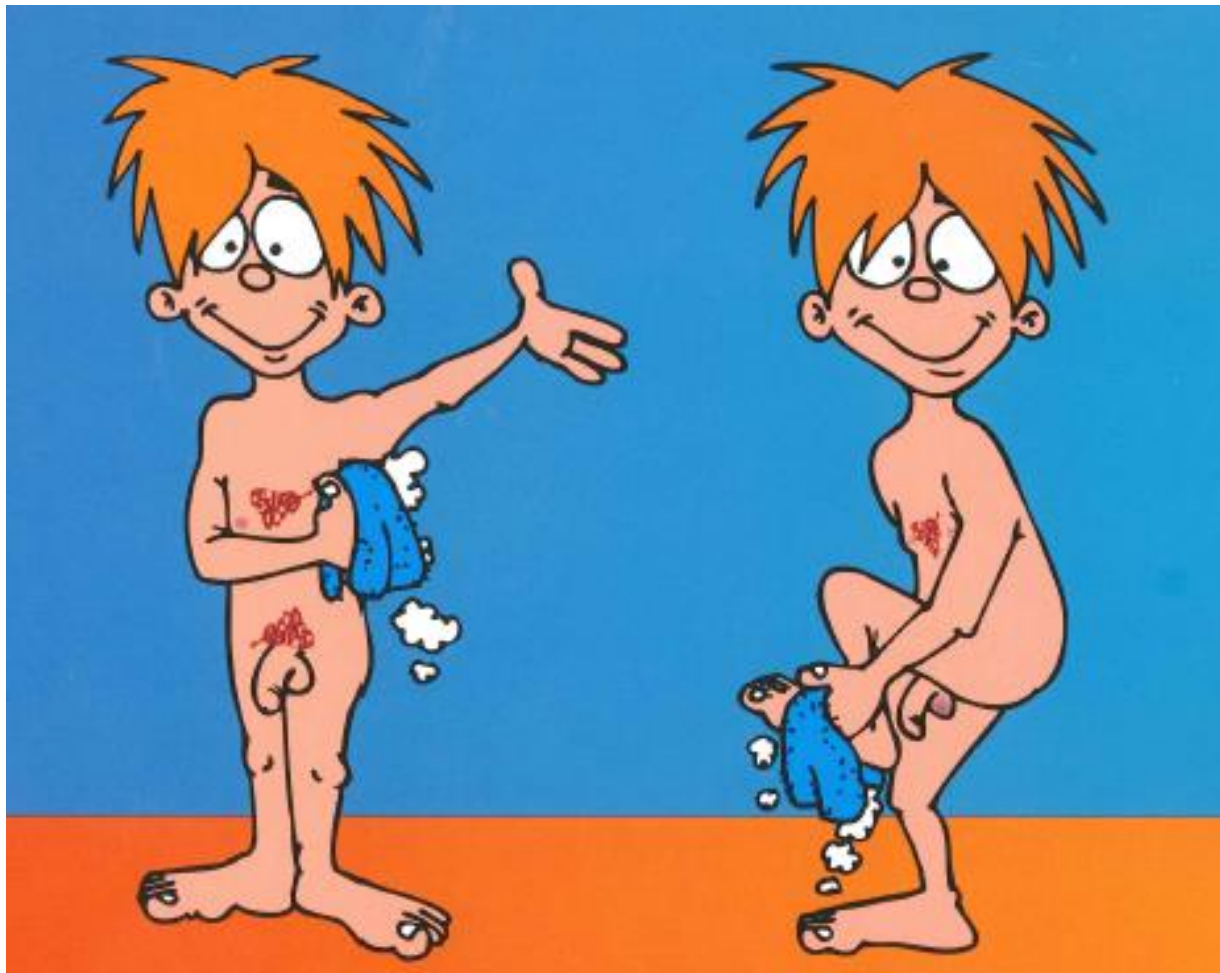


face

every



day.



You

need to wash



your



armpits,



butt,

+

and

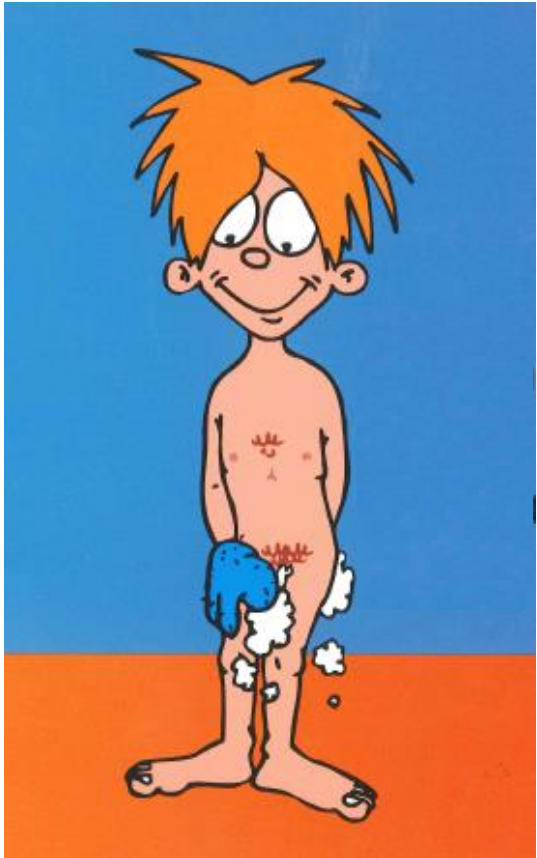


feet

every



day.



You

need to



wash



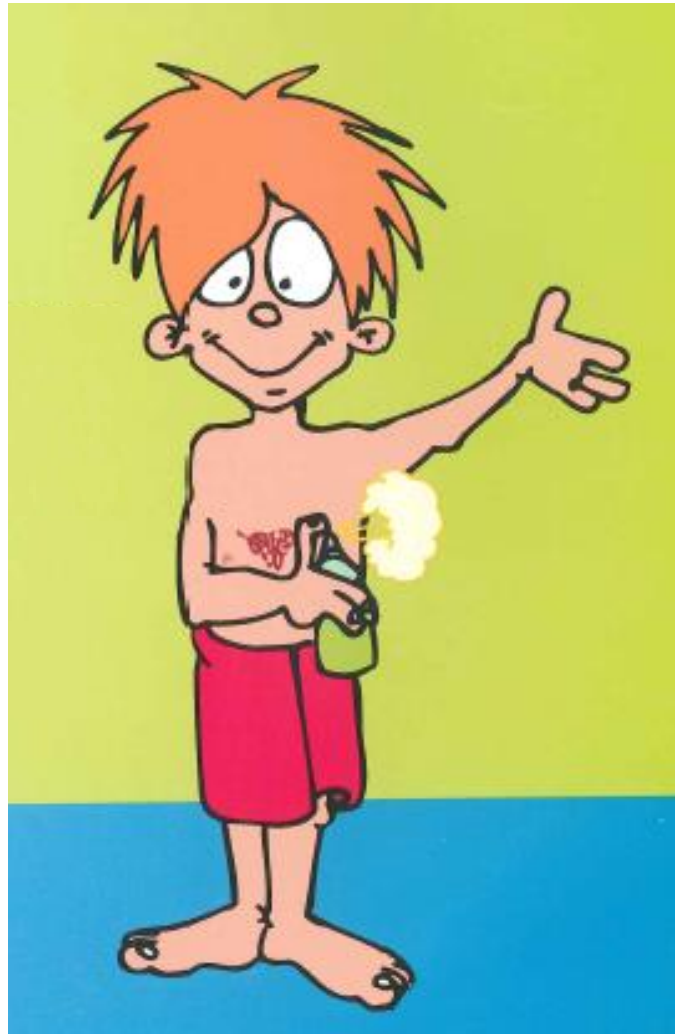
your



penis and testicles every



day.



Don't forget to use deodorant.



Brush



your



hair

every



day.



Brush



your



teeth






with



toothpaste.




 You
 
 may have to shave
 
 your
 
 face.


 Some razors are electric and
 
 +
 
 some razors are
 
 not
 
 electric.

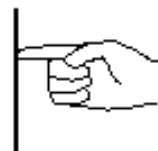


When



your

penis gets



hard,



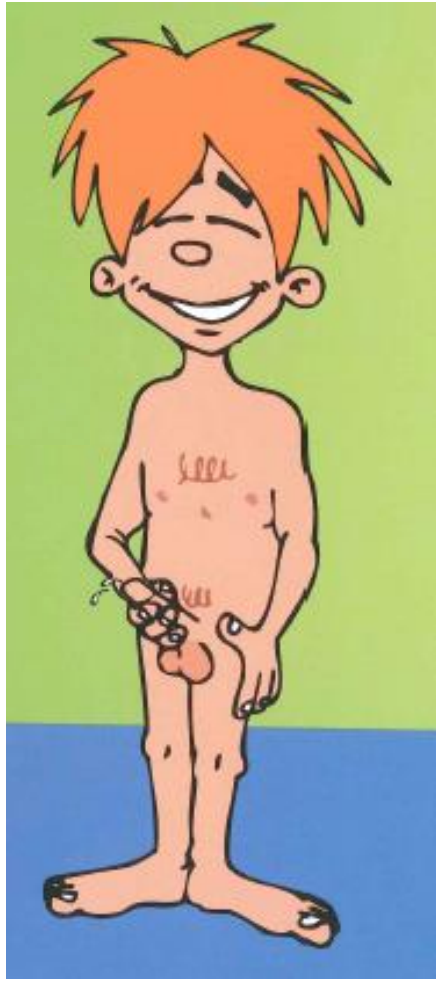
you

have

an

erection.





+



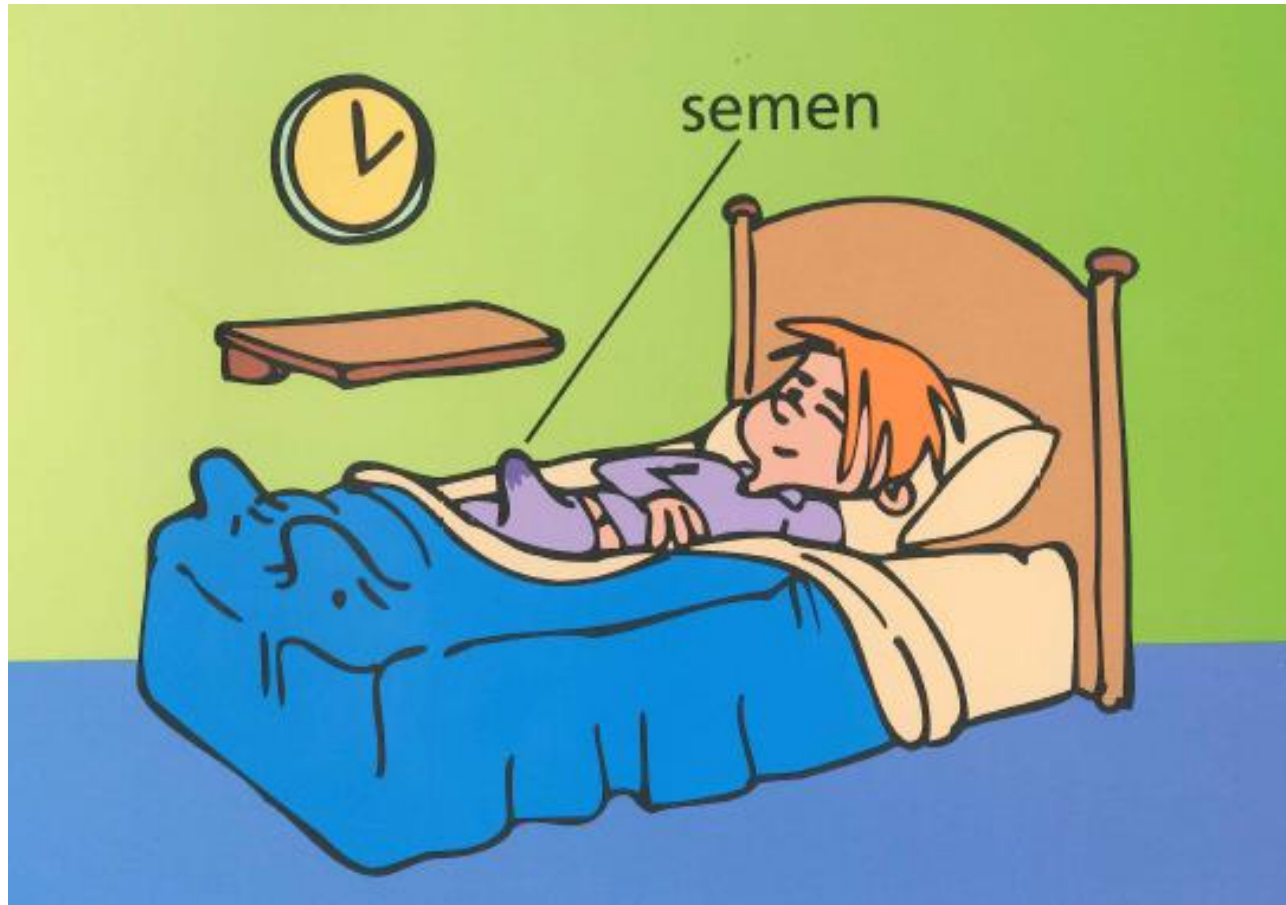
&

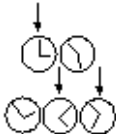






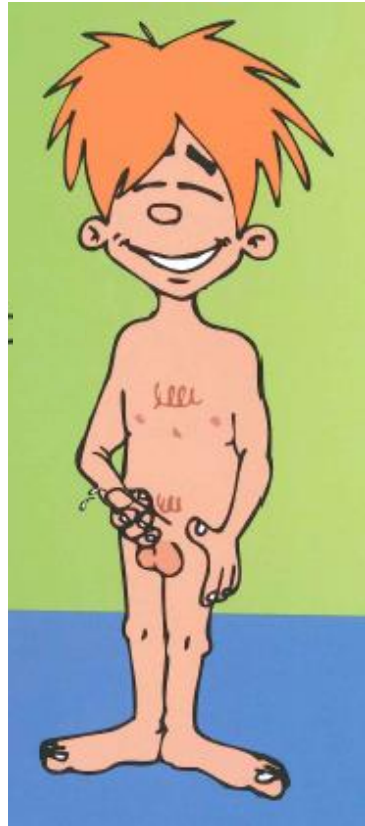
Semen is wet and sticky and comes out of



your erection . This is an orgasm.

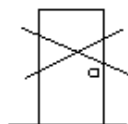


 Sometimes semen comes out when you are
 sleeping.  This is  called a  wet dream .



Semen comes out if you quickly rub your

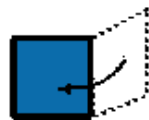
erection. This is called masturbation.



Masturbation is private.



Masturbate at your house, in your bed



Close your door .



Not on the playground



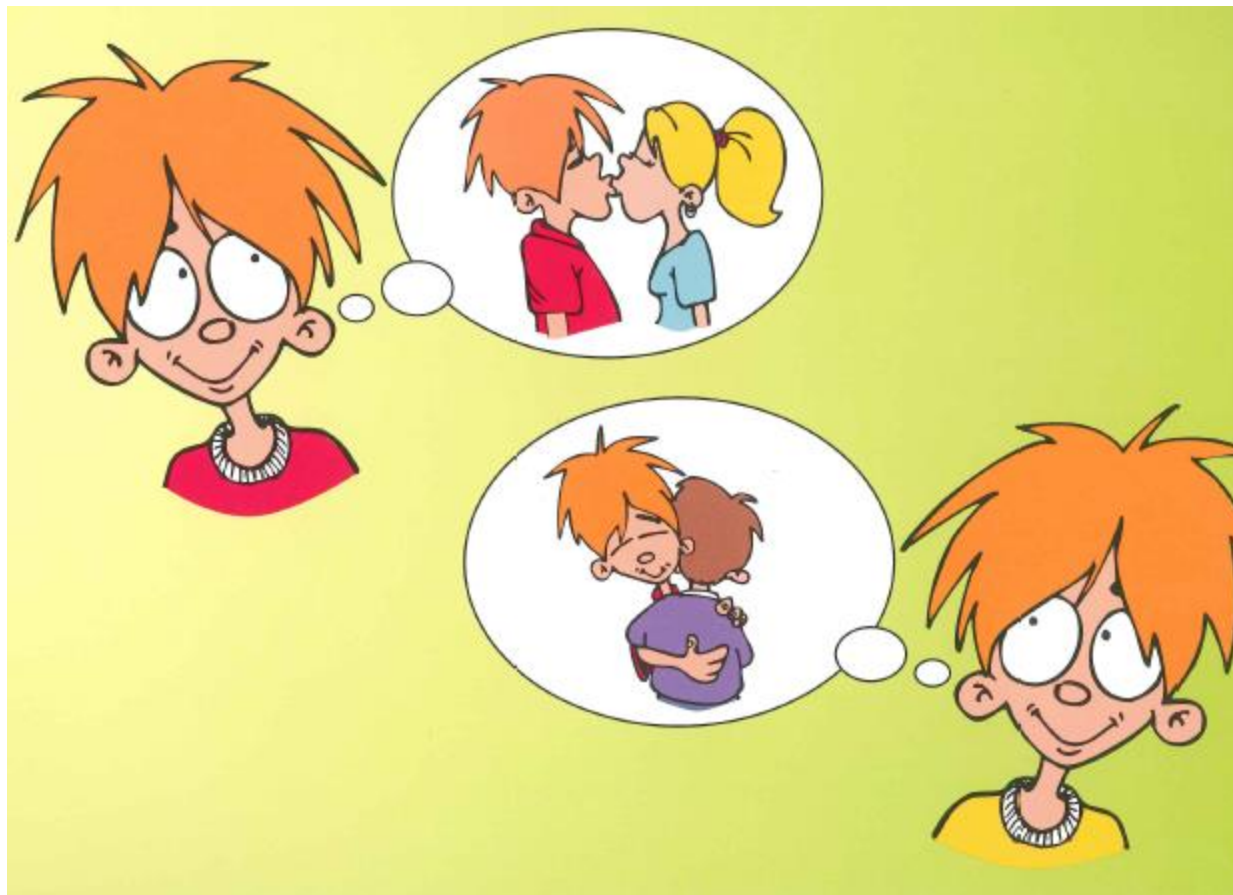
Not at stores.







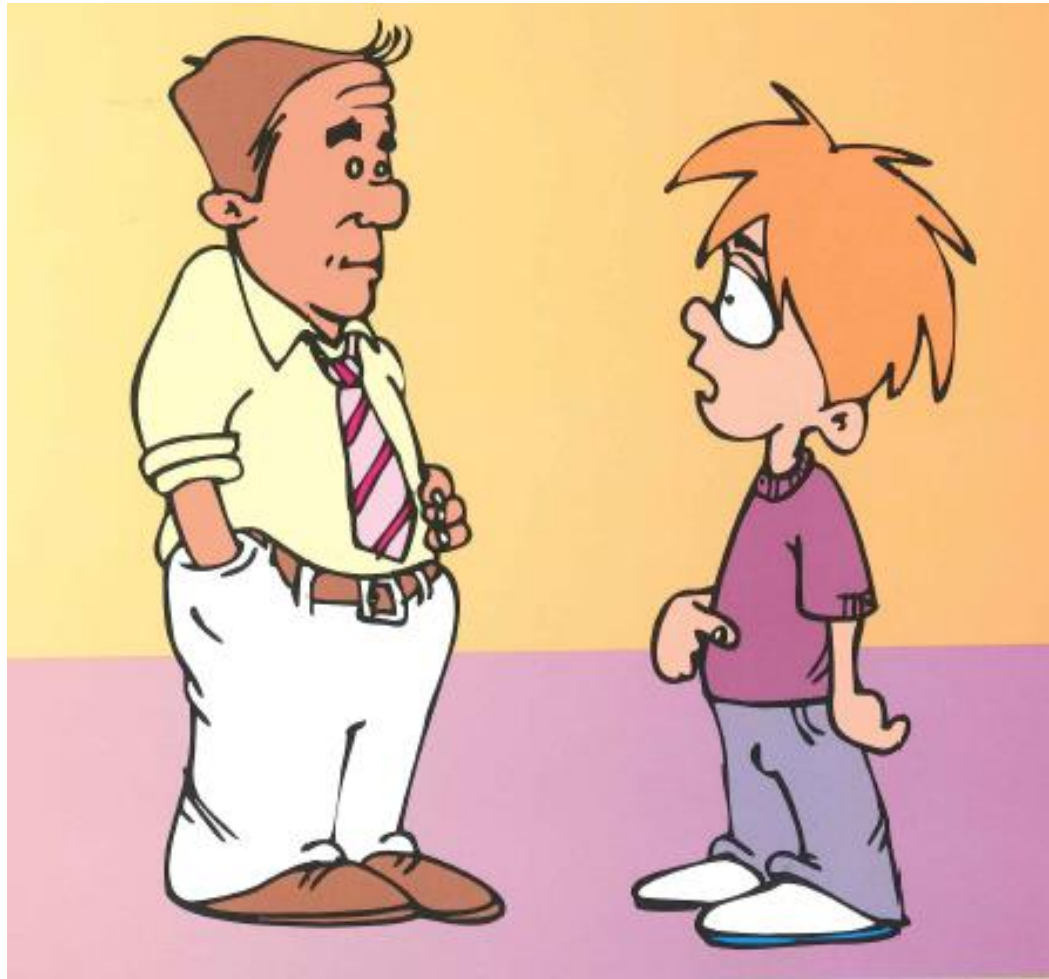
Not at school.



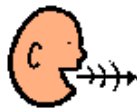
Do not masturbate in public places.



 Thinking about  love +  sex is  okay.



If you have questions about sex or your body,



Speak to a trusted adult.

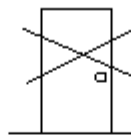


Your



body

is



private.



You



are the

BOSS

of



YOUR



body.

The entire book with additional topics related to puberty

can be purchased from [www. secretgb.com](http://www.secretgb.com)