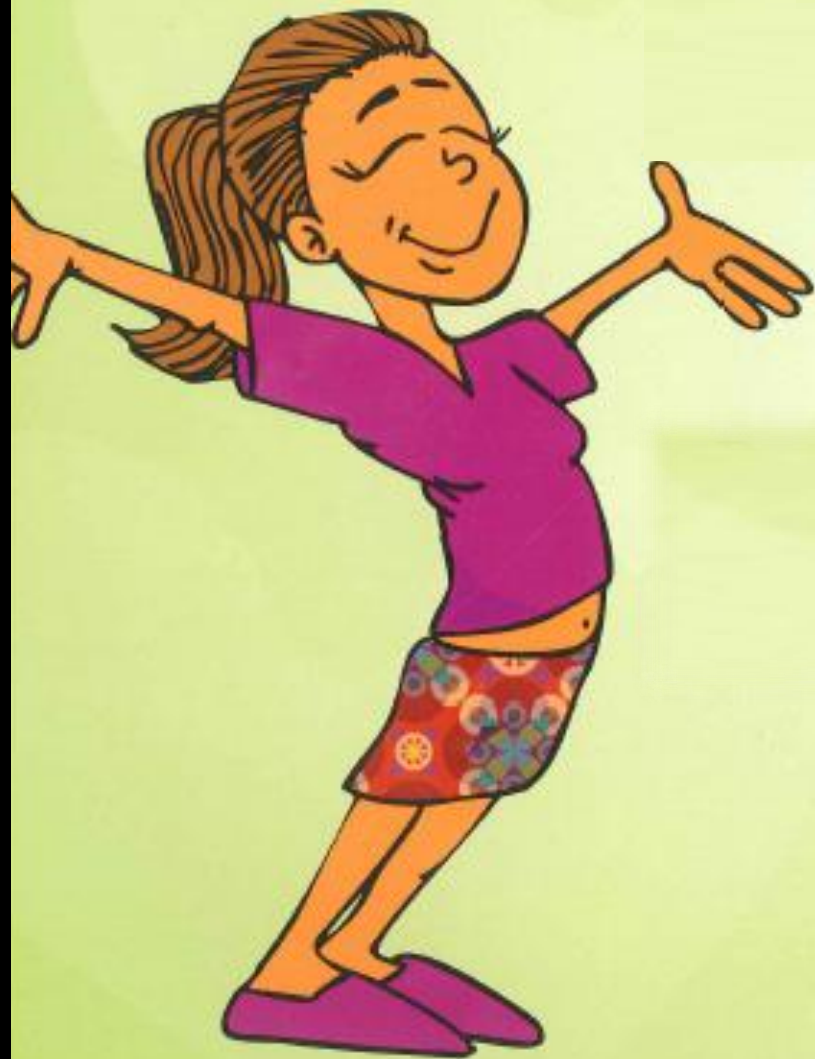


This Adpated Literature resource is available through the Shelock Center Resource Library.

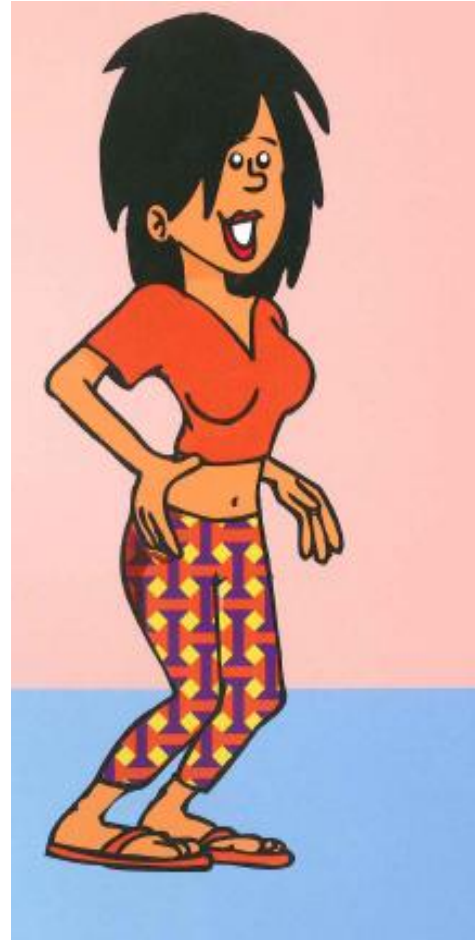
The text and graphis are adapted from the origianl source. These resources are provded for teachers to help students with severe disabilities participate in the general curriculum. Please limit the use and distribution of these materials accordingly.



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600 Mt. Pleasant Avenue, Providence RI 02908
401 456-8072 Ph. 401 456-8773 TDD 401 456-8150 FAX
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**Girls
Getting
Older**



Girls



grow

and



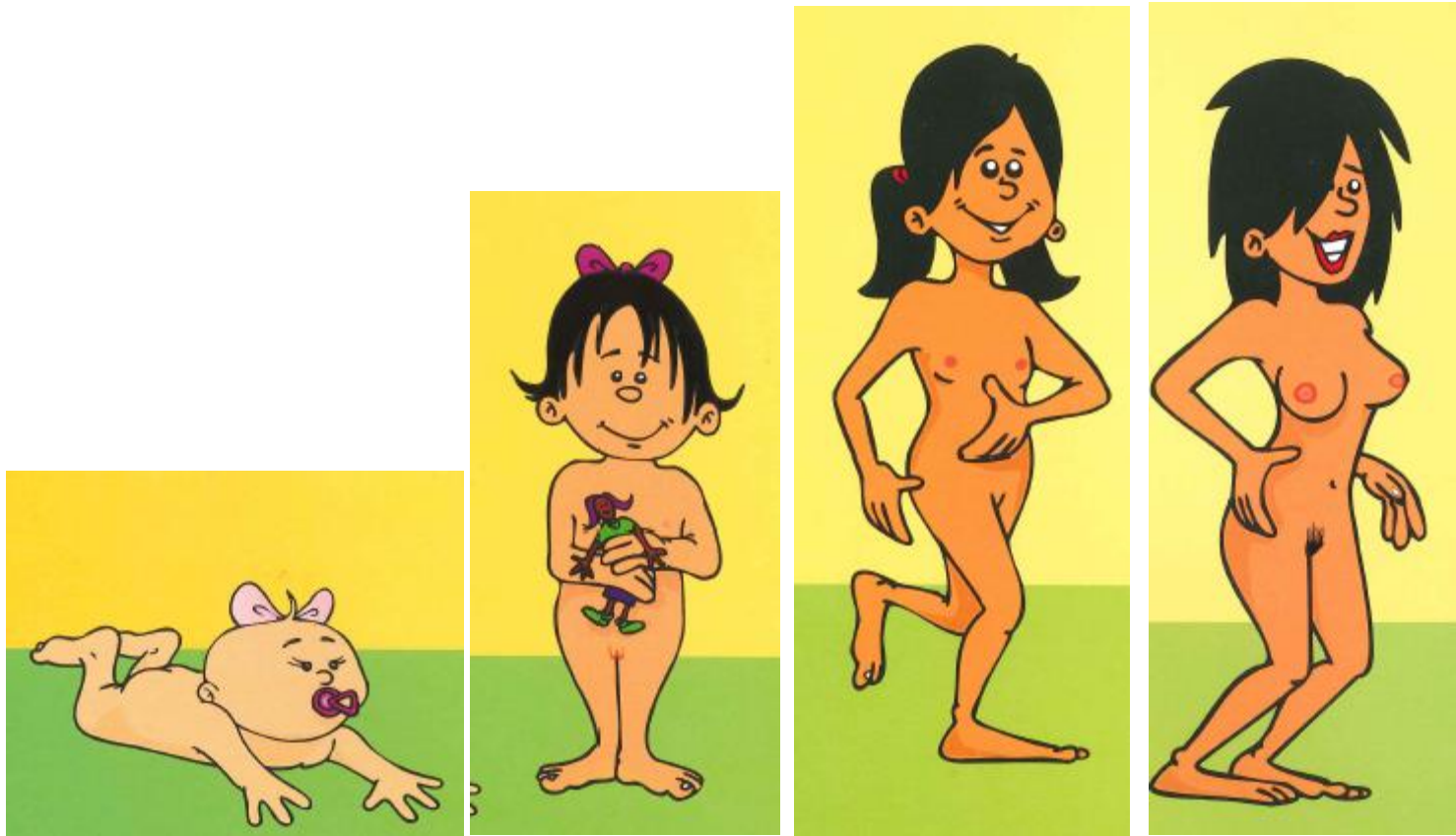
change

as they get

older.



older.



Girls



bodies



look

like this



without



clothes.



When



girls

are

10

ten

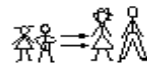
their



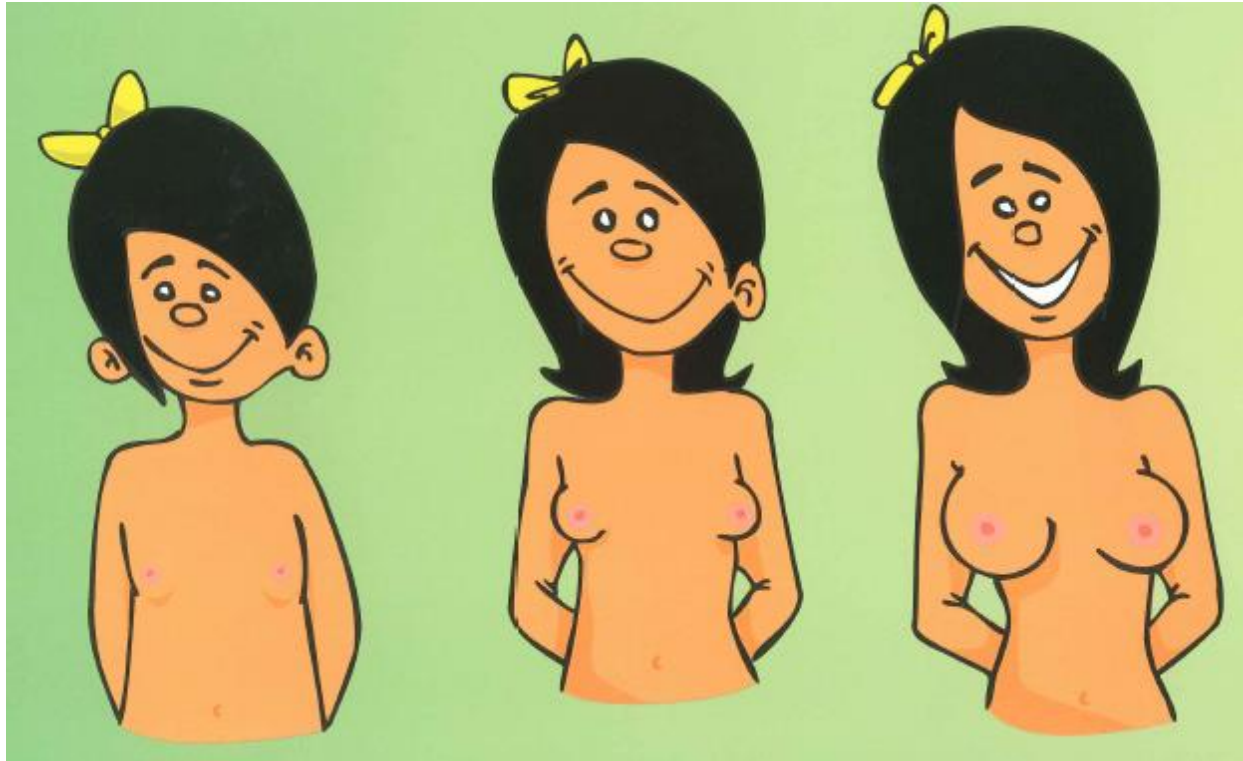
body



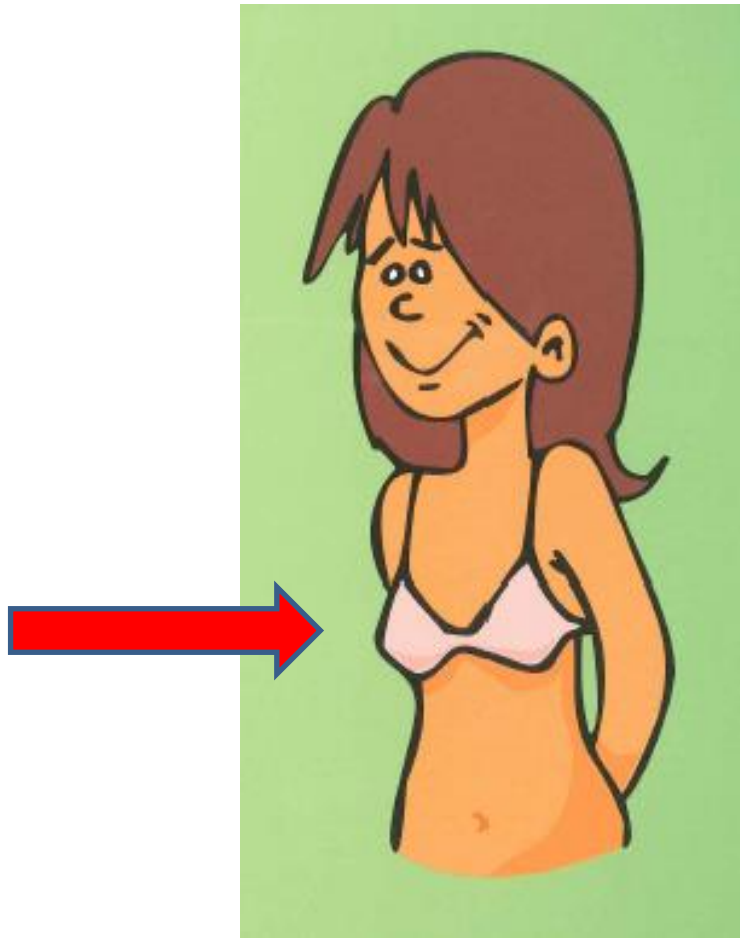
changes.



This is called puberty.

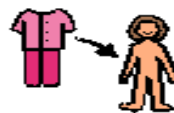


Nipples and breasts grow.



You

may need to

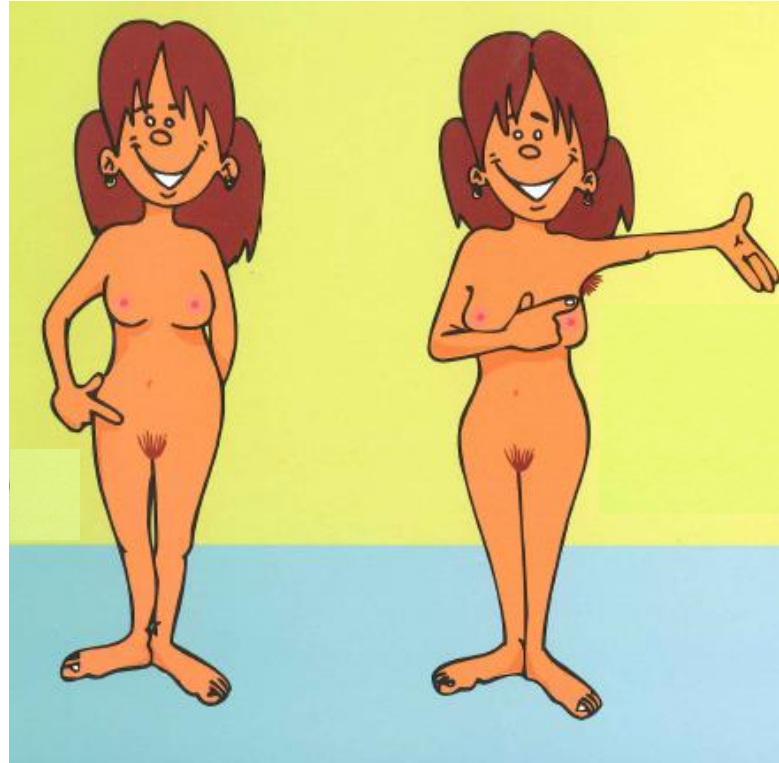


wear

a



bra.



At puberty hair grows on different parts of your body.

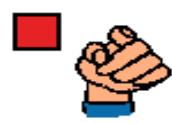


You



sweat

and



your



body



smells.



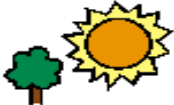



Every day you need to wash your hair with shampoo . . .

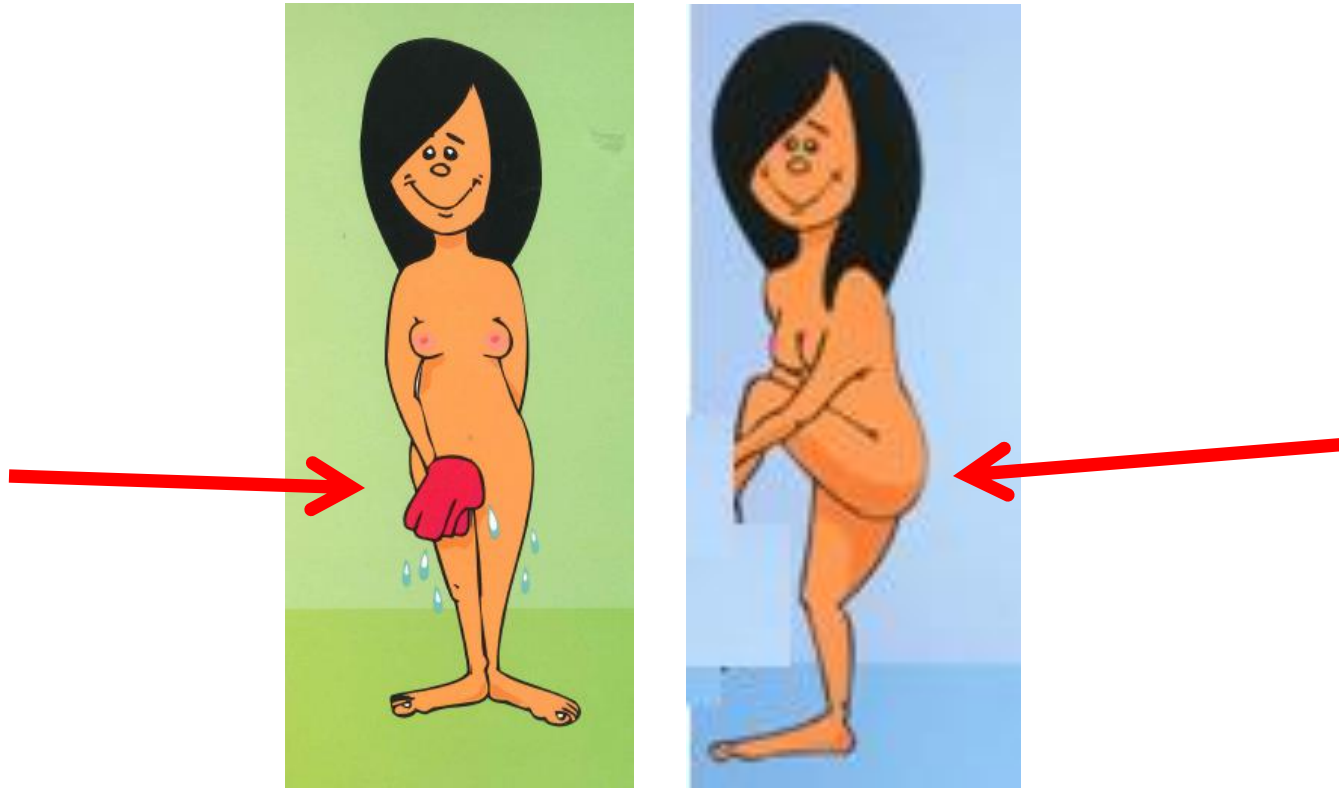





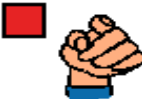
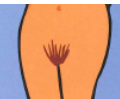

Every day you need to wash under your arms.

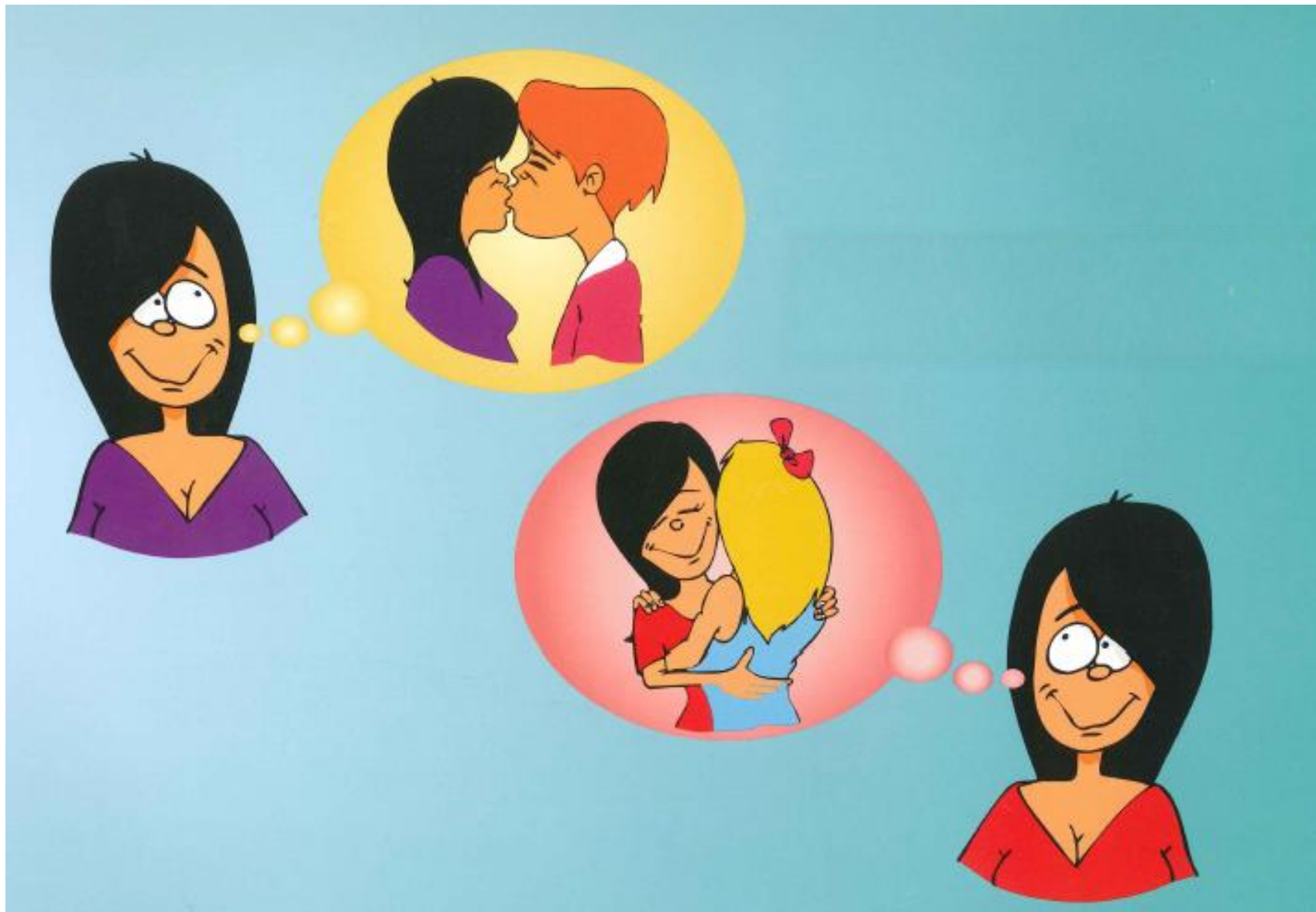
Adapted from the original text, *Puberty and Special Girls* by Rose Stewart, Heather Anderson, and Fay Angelo: FL Angelo, HA Pritchard, and RM Stewart partnership.



Every  day  you  need to wash your  feet.



Every  day  you need to  wash  your  vagina
 and  buttocks..



Girls



think

about



boyfriends,



girlfriends,



love

and

sex



Sometimes

girls

have

sexy



thoughts

+

and



feelings.

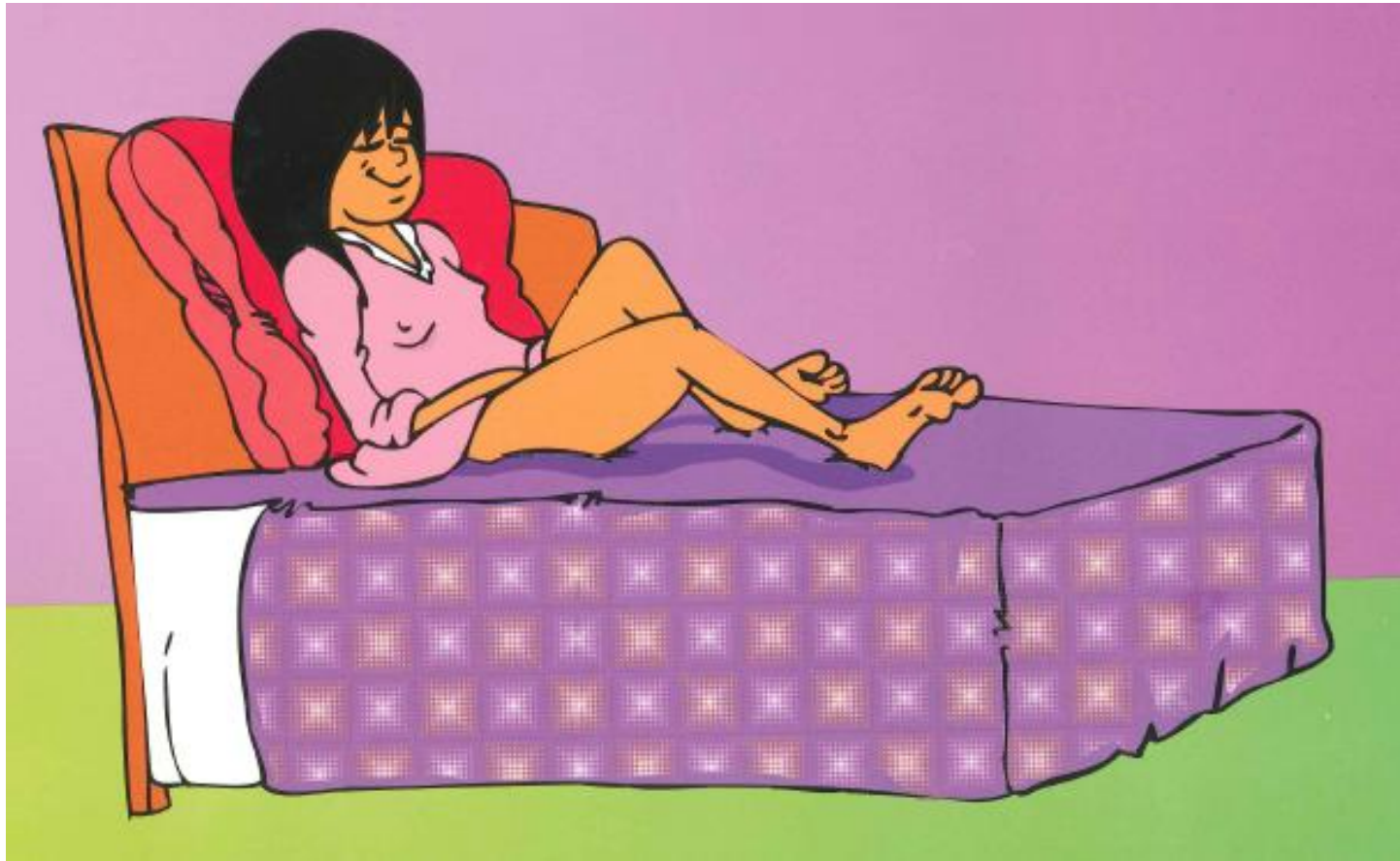
Adapted from the original text, *Puberty and Special Girls* by Rose Stewart, Heather Anderson, and Fay Angelo: FL Angelo, HA Pritchard, and RM Stewart partnership.



Sometimes  girls  touch  their vagina  when  they have sexy thoughts.

↓
■

This is called **masturbation**.



It is

okay

to masturbate



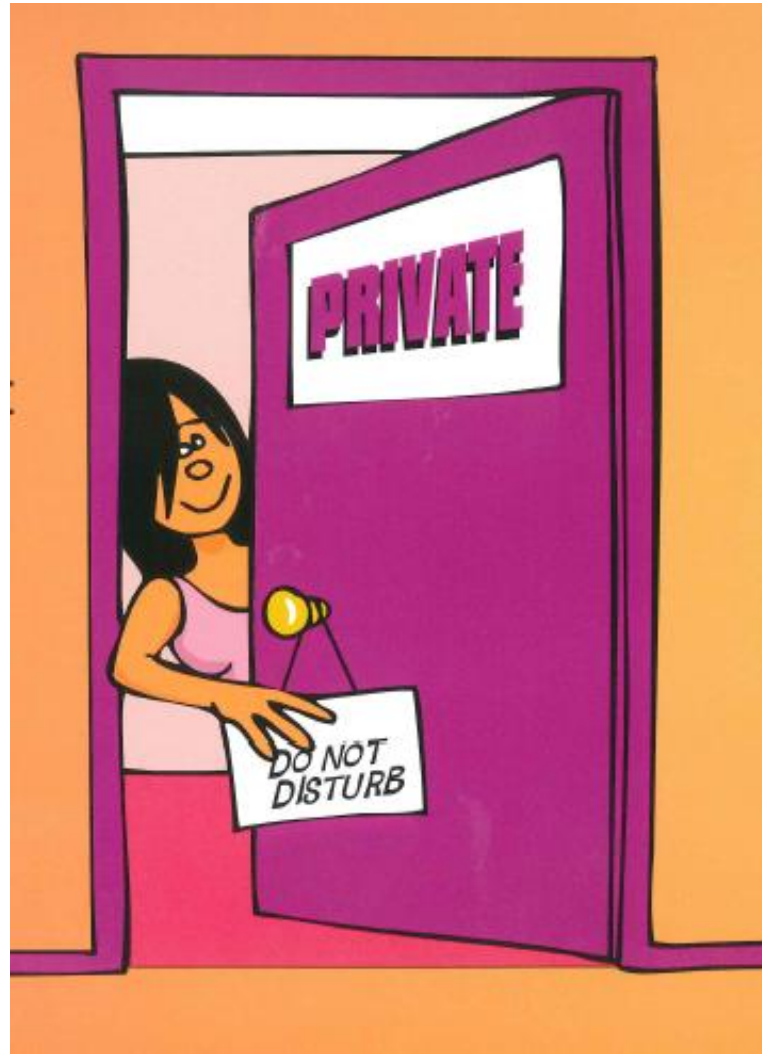
in



your



bedroom



Masturbation is PRIVATE.



Do not masturbate at school.



Do not masturbate on the playground



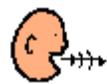
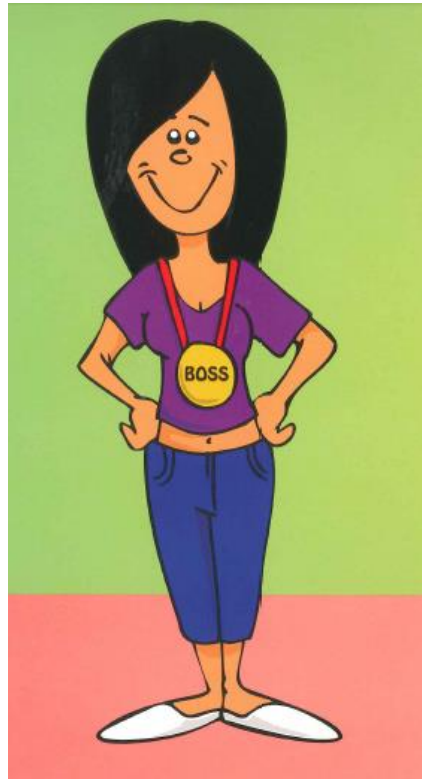
Do not masturbate at the beach



Do not masturbate in stores.



These are public places.



Talk



parent

or



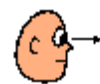
teacher

about



who

can



see

and

+



touch



your

body.

The entire book with additional topics related to puberty

can be purchased from [www. secretgb.com](http://www.secretgb.com)