

# Academic Rhode Map for BS Community and Public Health Promotion Major at Rhode Island College with Concentration in Health and Aging

**GENERAL EDUCATION:** A complete listing of General Education courses can be found at the Office of Academic Support (OASIS) 401 456-8083 or in the online catalog; look at catalog for year you enrolled. For Gen Ed courses, aside from Second Language requirement, which varies depending on where you are placed, you need ONE course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Korean, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement look under the Gen Ed. section of the catalog. For information about Math Placement exam visit the orientation webpage. Any courses marked (F) offered Fall only; (Sp) Spring only. Courses with an asterisk \* have prerequisites. Courses with a "W" in the prefix are Writing in the Discipline (WID) courses and will be writing intensive.

Academic Major Foundation Core Checklist	Course	Course
BIOL 108 Basic Principles of Biology		ONE course from HPE 431 Drug Education* or PSYC 217 Drugs and Chemical Dependency*
BIOL 231 Human Anatomy*		ONE course from PSYC 110 Introduction to Psychology or PSYC 215 Social Psychology
BIOL 240 Biostatistics* (Sp)		<b>Professional Requirements</b>
BIOL 335 Human Physiology*		HPE 300 Health Education and Health Promotion Pedagogy*
HPE 101 Human Sexuality		HPE 419 Practicum in Community and Public Health (F)*
HPE 102 Human Health and Disease		HPE 426W Internship in Community and Public Health (Sp)*(WID)
HPE 202W Community/Public Health and Health Promotion (WID)		HPE 429 Seminar in Community and Public Health*
HPE 221 Nutrition		<b>Concentration Requirements</b>
HPE 233 Social and Global Perspectives on Health*		GRTL/NURS 314 Health and Aging*
HPE 303W Research in Community and Public Health*(WID)		SOC 217 Sociology of Aging
HPE 307 Introduction to Epidemiology*		SOC 320 Aging and the Law*
HPE 406 Program Planning in Health Promotion* (Sp)		ONE course from: COMM 336 Health Communication* (Sp), HPE 451 Recreation and Aging*, NPST 300 Institute in Nonprofit Studies* (F), PSYC 339 Psychology of Aging*, or SOC 314 The Sociology of Health and Illness*
HPE 410 Managing Stress and Mental/Emotional Health*		

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the Rhode Map with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

**GRADUATION REQUIREMENTS:** The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement and RIC 100 or its equivalent
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) ***Feinstein School of Education & Human Development (FSEHD) requires a minimum grade of B.***
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average (GPA) of 2.0. ***FSEHD, HPE Dept. CHW Program requires a minimum GPA of 2.75.***
- A minimum grade point average of 2.0 in your major. ***FSEHD, HPE Dept. CHW Program requires a minimum GPA of 2.75 in your major.***

Approved by Department Chair: Carol Cummings and Program Director Elizabeth England Kennedy Date: 7/1/2020

Approved by Undergraduate Curriculum Committee: Date 7/1/2020

Revised: 6/1/2021

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**+Program Admission Requirements.** Complete these courses prior to applying to Feinstein School of Education & Human Development, Community and Public Health Promotion Program. **Minimum Grade Requirement:** FYW (B), HPE 102 & HPE 202W (B-). **Bolded:** General Education Requirements.

<b>SEMESTER 1</b>	<b>CR</b>	<b>SEMESTER 1 CHECKPOINTS</b>
<b>+First Year Writing (FYW 100)</b>	<b>4</b>	FYW 100P is a 6 credit option. There is a Directed Self-Placement questionnaire you can take to aid in this decision; check the RIC First Year Writing website. Minimum grade of B for FYW (HPE CHW Program)
RIC 100 Introduction to Rhode Island College	<b>1</b>	Exempt if taking COLL 101, COLL 150, or HONR 150
<b>PSYC 110 Introduction to Psychology or PSYC 215 Social Psychology</b>	<b>4</b>	<b>Gen Ed Social and Behavioral Sciences (SB);</b> Minimum grade of C
+HPE 102 Human Health and Disease	<b>3</b>	Minimum grade of B-
+HPE 202W Community Public Health and Health Promotion (WID)	<b>3</b>	Minimum grade of B-
Requirements and GPA		Aim for 15 earned credits (While 12 is fulltime, 15 credits are preferred to stay on track to graduate in 4 years). Minimum 2.75 GPA. Math competency completed
# CREDITS EARNED	<b>15</b>	Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 2</b>	<b>CR</b>	<b>SEMESTER 2 CHECKPOINTS</b>
<b>First Year Seminar (FYS 100)</b>	<b>4</b>	Completed FYS and FYW, for FYW, grade B or better
<b>BIOL 108 Basic Principles of Biology* (Gen Ed Natural Science--NS)</b>	<b>4</b>	Prereq. Math competency. Complete BIOL 108 with minimum grade of C
HPE 101 Human Sexuality	<b>3</b>	Minimum grade of B-
SOC 217 Sociology of Aging	<b>4</b>	Minimum grade of B-
Requirements and GPA		Aim for a minimum of 30 earned credits, minimum of 2.75 GPA overall and in the major. <b>May apply for School of Education (FSEHD) admission at the end of this semester:</b> <a href="https://www.ric.edu/departments-directory/feinstein-school-education-and-human-development/fsehd-undergraduate-programs-and-admission">https://www.ric.edu/departments-directory/feinstein-school-education-and-human-development/fsehd-undergraduate-programs-and-admission</a>
# CREDITS EARNED	<b>15</b>	Make appointment with advisor to discuss your schedule for next semester in Feb.

<b>SEMESTER 3</b>	<b>CR</b>	<b>SEMESTER 3 CHECKPOINTS</b>
<b>Gen Ed--Second Lang 101 (based on placement, a course higher than 101/102 may be taken). If language requirement satisfied: another Gen Ed Distribution course.</b>	<b>4</b>	Language placement test with Dept. of Modern Languages (optional)
HPE 221 Nutrition	<b>3</b>	Minimum grade of B-
HPE 300 Health Education and Health Promotion Pedagogy*	<b>3</b>	Prereq. minimum 2.5 GPA and admission to program; minimum grade of B-
BIOL 231 Human Anatomy*	<b>4</b>	Prereq. minimum of C in BIOL 108; minimum grade of C
<b>Gen Ed Math (M) course: advise MATH 139* or MATH 240*</b>	<b>4</b>	Prereq. math placement exam. Gen Ed Math completed
Requirements and GPA		Aim for a minimum of 45 earned credits, minimum of 2.75 GPA overall and in the major
# CREDITS EARNED	<b>18</b>	Make appointment with advisor to discuss your schedule for next semester in Sept. <b>Apply for School of Education (FSEHD) admission at the end of this semester if you did not do so last semester</b>

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<b>SEMESTER 4</b>	<b>CR</b>	<b>SEMESTER 4 CHECKPOINTS</b>
Gen Ed--Second Lang 102 (if needed) or Gen Ed Math (M) course	4	Complete Second Lang 102* (if needed). Gen Ed Math completed, if possible
HPE 233 Social and Global Perspectives on Health*	3	Prereq. 24 completed credits; Minimum grade of B-
BIOL 240 Biostatistics*	4	Prereq. BIOL 108 with minimum of C; minimum grade of C
<b>BIOL 335 Human Physiology* (Gen Ed-Advanced Quantitative/Scientific Reasoning)</b>	4	Prereqs. BIOL 108 and 231; minimum grade of C
Requirements and GPA		Aim for a minimum of 60 earned credits, minimum of 2.75 GPA overall and in the major
# CREDITS EARNED	15	Make appointment with advisor to discuss your schedule for next semester in Feb.

<b>SEMESTER 5</b>	<b>CR</b>	<b>SEMESTER 5 CHECKPOINTS</b>
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L).	4	Need ONE from each distribution
Choose Connections course (Gen Ed-C)*	4	Prereqs are 45 completed credits and FYW and FYS.
HPE 303W Research in Community and Public Health*(WID)	3	Prereq. Admission School of Ed.; Minimum grade of B-
HPE 307 Introduction to Epidemiology*	3	Prereqs. HPE 102 and 30 credits. Minimum grade of B-
SOC 320 Aging and the Law*	3	Prereq. any 200-level SOC course
Requirements and GPA		Aim for minimum of 75 earned credits, minimum of 2.75 GPA overall and in the major
# CREDITS EARNED	17	Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 6</b>	<b>CR</b>	<b>SEMESTER 6 CHECKPOINTS</b>
Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L), or elective	3-4	
HPE 406 Program Planning in Health Promotion (Sp)*	3	Prereqs. HPE 303 or HPE 303W; a minimum cumulative GPA of 2.75; or consent of department chair. Minimum grade of B-
HPE 431 Drug Education* or PSYC 217 Drugs and Chemical Dependency*	3-4	Prereq. for HPE431 is HPE 233 and 60 credit hours, or consent of department chair; for PSYC 217 prereq. is PSYC 110
GRTL/NURS 314 Health and Aging*	4	Prereq. is 45 completed credits; minimum grade of B-
Elective	3-4	
Requirements and GPA		Aim for minimum of 90 earned credits, minimum of 2.75 GPA overall and in the major. Apply for degree audit online through MyRI
# CREDITS EARNED	16-18	Make appointment with advisor to discuss your schedule for next semester in Feb.

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<b>SEMESTER 7</b>	<b>CR</b>	<b>SEMESTER 7 CHECKPOINTS</b>
<b>Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L), or elective</b>	<b>3-4</b>	Completed Gen Eds in Art, History and Literature
ONE course from: COMM 336 Health Communication* (Sp), HPE 451 Recreation and Aging*, NPST 300 Institute in Nonprofit Studies* (F), PSYC 339 Psychology of Aging*, or SOC 314 The Sociology of Health and Illness*	<b>3-4</b>	Varied prereqs.—see catalog. Minimum grade of B-
HPE 410 Managing Stress and Mental/Emotional Health*	<b>3</b>	Prereqs. 45 credits, or by consent; minimum grade of B-
HPE 419 Practicum in Community and Public Health (F)*	<b>3</b>	Prereqs. BIOL 231, BIOL 335, HPE 406, and a minimum GPA of 2.75. Minimum grade of B-
Free elective (if needed)	<b>3-4</b>	
Requirements and GPA		All ten GE courses and second lang. req. completed. Aim for minimum of 105 earned credits, minimum of 2.75 GPA overall and in the major. Application for Internship completed
# CREDITS EARNED	<b>15-18</b>	Make appointment with advisor to discuss your schedule for next semester in Sept.

<b>SEMESTER 8</b>	<b>CR</b>	<b>SEMESTER 8 CHECKPOINTS</b>
HPE 426W Internship in Community and Public Health*(WID)	<b>10</b>	Prereqs. HPE 419 and concurrent enrollment in HPE 429; minimum GPA of 2.5, approved internship application and completion of all required courses. Graded S/U
HPE 429 Seminar in Community and Public Health*	<b>2</b>	Prereq. concurrent enrollment in HPE 426; minimum grade of B-
Requirements and GPA		Need minimum of 120 earned credits, minimum of 2.75 GPA overall and in the major
# CREDITS EARNED	<b>12</b>	Attend Gradfest and Commencement

**For more information, check the Community and Public Health Promotion website:**

<https://www.ric.edu/departments-directory/departments-health-and-physical-education/departments-health-and-physical-education-undergraduate-programs/community-and-public-health-promotion-bs>

**NOTE:** The minimum total credit count for the CPHP (conc. in health and aging) major is 82 credits (depending on which courses you choose), although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 9 more depending on secondary language needs and RIC 100. The minimum credit count will be 110 credits (without secondary language or RIC 100), which would leave 9 elective credits.