

Academic Rhode Map for BS Health Education Major at Rhode Island College

GENERAL EDUCATION: A complete listing of General Education courses can be found at the Office of Academic Support (OASIS) 401 456-8083 or in the online catalog; look at catalog for year you enrolled. For Gen Ed courses, aside from Second Language requirement, which varies depending on where you are placed, you need ONE course from each category. Second Language 101/102 options are: American Sign, Arabic, French, German, Italian, Japanese, Korean, Latin, Portuguese, or Spanish. For other ways to satisfy the second language requirement look under the Gen Ed. section of the catalog. For information about Math Placement exam visit the orientation webpage. Any courses marked (F) offered Fall only; (Sp) Spring only. Courses with an asterisk * have prerequisites. Courses with a "W" in the prefix are Writing in the Discipline (WID) courses and will be writing intensive.

| Cognates and Program Courses checklist | Course | Professional sequence | Course |
|--|--------|--|--------|
| BIOL 108 Basic Principles of Biology* | | CEP 215 Introduction to Educational Psychology | |
| BIOL 231 Human Anatomy* | | FNED 101 Introduction to Teaching and Learning | |
| BIOL 335 Human Physiology* | | FNED 246 Schooling for Social Justice* | |
| HPE 200W Promoting Health and Well-Being in Schools* (WID) | | HPE 300 Health Education and Health Promotion Pedagogy* | |
| HPE 210 Nutrition Education and Promotion* (Sp) | | HPE 417 Practicum in Elementary Health Education (F)* | |
| HPE 326 Assessment in Health Education* (Sp) | | HPE 418W Practicum in Secondary Health Education (Sp)* (WID) | |
| HPE 340 Sexual Health Education and Promotion* (F) | | HPE 422W Student Teaching Seminar in Health Education* (WID) | |
| HPE 410 Managing Stress and Mental/Emotional Health* | | HPE 424W Student Teaching in Health Education* (WID) | |
| HPE 431 Drug Education* (F) | | HPE 434 Health Education Student Teaching Capstone* | |
| | | SPED 333 Introduction to Special Education: Policies/Practices | |
| | | SPED 433 Adaptation of Instruction for Inclusive Education* | |
| | | TESL 401 Introduction to Teaching Emergent Bilinguals* | |

This map is a semester-by-semester plan to help you toward graduation in four years. Not everyone graduates in four years as it depends on how many courses you can take, and how you do in those courses. This map is not your only route; it is a suggestion. You might take additional courses over the summer (or early spring/winter) to catch up or get ahead if the courses you need are offered at these times. While many courses in your major will have prerequisites that will need you to take them in a special order, there is some flexibility in this map, but always double check you have the correct prerequisites for a course you plan to take.

The column to the left on the other side of this page suggests the ideal courses for you to take each semester. There are times when those courses may be full or unavailable the semester you plan to take them, in which case consider another course from a different semester with which you can switch. The column on the right has "Checkpoints" for each semester that show where you should be by the end of that semester. You should work from this map as you plan each semester's schedule, before checking in with your advisor. The Map is designed primarily for freshmen coming to college for the first time, but transfer students may also use the Rhode Map with the understanding that they have most likely completed several requirements through transfer of credit, and will be starting further into the program. Maps assume a Fall start.

GRADUATION REQUIREMENTS: The following requirements must be completed by undergraduate degree candidates at Rhode Island College in order to graduate:

- General Education program, including a second language requirement and RIC 100 or its equivalent
- College Math Competency (which is separate from the Gen Ed math requirement)
- College Writing Competency (satisfied by FYW with a minimum grade of C) Admission to FSEHD requires a minimum of B.
- Academic Major—see check chart above.
- A minimum of 120 credit hours, with a minimum of 45 credit hours taken at RIC. Of the 45 credit hours, a minimum of 15 credit hours must be in the major (12 of which must be at the 300- or 400-level).
- A minimum overall grade point average of 2.75

Approved by Program Director: Susan Clark Date 6/1/2020

Approved by Undergraduate Curriculum Committee: Date 6/1/2020

Revised: 6/1/2021

Academic Rhode Map for BS Health Education Major at Rhode Island College

| SEMESTER 1 | CR | SEMESTER 1 CHECKPOINTS |
|---|-----------|---|
| First Year Writing (FYW 100) | 4 | FYW 100P is a 6 credit option. There is a Directed Self-Placement questionnaire you can take to aid in this decision; check the RIC First Year Writing website. |
| RIC 100 Introduction to Rhode Island College | 1 | Exempt if taking COLL 101, COLL 150, or HONR 150 |
| FNED 101 Introduction to Teaching and Learning | 2 | Must gain satisfactory (satisfactory/unsatisfactory course) |
| Math Gen Ed. or another Gen Ed Distribution course | 4 | Math Gen Ed. completed |
| HPE 200W Promoting Health and Well-Being in Schools (WID) | 3 | Minimum grade of B- |
| Requirements and GPA | | Aim for 14 earned credits (While 12 is fulltime, 17 credits are preferred to stay on track to graduate in 4 years). Minimum 2.75 GPA. Math competency completed |
| # CREDITS EARNED | 14 | Make appointment with advisor to discuss your schedule for next semester in Sept. |

| SEMESTER 2 | CR | SEMESTER 2 CHECKPOINTS |
|---|-----------|--|
| FYS 100 First Year Seminar | 4 | |
| FNED 246 Schooling for Social Justice* | 4 | Prereq. 12 credits, FYW with minimum grade of B and FNED 101; need B- minimum in course |
| HPE 210 Nutrition Education and Promotion | 3 | Prereq. HPE 200 or HPE 200W or consent of dept. chair. Minimum grade of B- |
| BIOL 108 Basic Principles of Biology (Gen Ed Natural Science) | 4 | Prereq. Math competency; minimum grade of C |
| Requirements and GPA | | Apply for School of Education (FSEHD) admission at the end of this semester: https://www.ric.edu/department-directory/feinstein-school-education-and-human-development/fsehd-undergraduate-programs-and-admission . Need a minimum of 29 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 15 | Make appointment with advisor to discuss your schedule for next semester in Feb. |

| SEMESTER 3 | CR | SEMESTER 3 CHECKPOINTS |
|---|-----------|--|
| Gen Ed--Second Lang 101 (based on placement, a course higher than 101/102 may be taken). If language requirement satisfied: another Gen Ed Distribution course. | 4 | Language placement test with Dept. of Modern Languages (optional) |
| HPE 300 Health Education and Health Promotion Pedagogy* | 3 | Prereq. minimum 2.75 GPA and admission to program. Minimum grade of B- |
| HPE 340 Sexual Education and Promotion (F)* | 3 | Prereq. 24 completed credits; Minimum grade of B- |
| BIOL 231 Human Anatomy* | 4 | Prereq. minimum of C in BIOL 108; Minimum grade of C |
| Requirements and GPA | | Apply for School of Education (FSEHD) admission at the end of this semester (or next semester if preferred): https://www.ric.edu/department-directory/feinstein-school-education-and-human-development/fsehd-undergraduate-programs-and-admission . Need minimum of 43 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 14 | Make appointment with advisor to discuss your schedule for next semester in Sept. |

Academic Rhode Map for BS Health Education Major at Rhode Island College

| SEMESTER 4 | CR | SEMESTER 4 CHECKPOINTS |
|--|-----------|--|
| Gen Ed--Second Lang 102* (if needed) or any still needed Gen Ed, or elective | 4 | Prereq. Second Lang 101; Complete Second Lang 102 (if needed) |
| Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L) | 4 | |
| HPE 326 Assessment in Health Education* (Sp) | 2 | Prereqs. HPE 300; Minimum grade B- |
| CEP 215 Introduction to Educational Psychology | 4 | Satisfies Gen Ed SB; Minimum grade of B- |
| BIOL 335 Human Physiology* (Gen Ed- Advanced Quantitative/Scientific Reasoning) | 4 | Prereqs. BIOL 108 and 231. Minimum grade of C |
| Requirements and GPA | | Need minimum of 60 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 18 | Make appointment with advisor to discuss your schedule for next semester in Feb. |

| SEMESTER 5 | CR | SEMESTER 5 CHECKPOINTS |
|--|--------------|---|
| Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L) | 4 | |
| HPE 410 Managing Stress and Mental/Emotional Health* | 3 | Prereqs. 45 credits; minimum grade of B- |
| HPE 417 Practicum in Elementary Health Education (F)* | 3 | Prereq. HPE 300; minimum grade of B- |
| SPED 333 Introduction to Special Education: Policies/Practices | 3 | Prereq. is HPE 300; minimum grade of B- |
| Elective | 3-4 | |
| Requirements and GPA | | Take PLT and HE Content Test. Aim for minimum of 75 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 16-17 | Make appointment with advisor to discuss your schedule for next semester in Sept. |

| SEMESTER 6 | CR | SEMESTER 6 CHECKPOINTS |
|--|--------------|--|
| Gen Ed Distribution course from one of these GE categories: Arts (A); History (H); Literature (L) | 4 | Need One from each distribution |
| HPE 418W Practicum in Secondary Health Education (Sp)* (WID) | 3 | Prereqs. HPE 417, and a minimum GPA of 2.75. Minimum grade of B- |
| SPED 433 Adaptation of Instruction for Inclusive Education* | 3 | Admission to and retention in a teacher preparation program; concurrent enrollment in a health methods/practicum course, and SPED 333 or consent of department chair |
| Elective | 3-4 | |
| Requirements and GPA | | Take Health Education content test. Aim for minimum of 90 earned credits, with minimum 2.75 GPA. Gather Student Teaching information from OPP. Apply for degree audit online through MyRIC |
| # CREDITS EARNED | 13-14 | Make appointment with advisor to discuss your schedule for next semester in Feb. |

Academic Rhode Map for BS Health Education Major at Rhode Island College

| SEMESTER 7 | CR | SEMESTER 7 CHECKPOINTS |
|--|-----------|---|
| Choose Connections course (Gen Ed-C)* | 4 | Prereqs are 45 completed credits and FYW and FYS. |
| HPE 431 Drug Education* (F) | 4 | Prereqs. HPE 233 and 60 credit hours; Minimum grade B- |
| TESL 401 Introduction to Teaching Emergent Bilinguals* | 4 | Prereq. FNED 246; minimum grade of B- |
| Elective | 3-4 | |
| Requirements and GPA | | All ten GE courses and second lang. req. completed. Submit Preparing to Teach Portfolio. Aim for minimum of 105 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 15-16 | Make appointment with advisor to discuss your schedule for next semester in Sept. |

| SEMESTER 8 | CR | SEMESTER 8 CHECKPOINTS |
|--|-----------|--|
| HPE 422W Student Teaching Seminar in Health Education* (WID) | 2 | Prereq. concurrent enrollment in HPE 424W. Minimum grade of B- |
| HPE 424W Student Teaching in Health Education* (WID) | 9 | Prereqs. concurrent enrollment in HPE 422W; approved Preparing to Teach Portfolio, passing score on Praxis, and completion of all other FSHEd admission and retention requirements. Graded S/U |
| HPE 434 Health Education Student Teaching Capstone* | 1 | Early Spring. Prereq. is portfolio approval |
| | | Need minimum of 120 earned credits, with minimum 2.75 GPA |
| # CREDITS EARNED | 12 | Attend Gradfest and Commencement |

For more information, check the Health and Physical Education Department website:

<https://www.ric.edu/departments-directory/departments-health-and-physical-education>

NOTE: The total credit count for Health Education major is 70 credits although 12 of those may be offset against Gen Ed. courses (AQSR, NS, SB), which leaves 28 more credits of Gen Ed. and possibly 9 more depending on secondary language needs and RIC 100. The minimum credit count will be 98 credits (without secondary language or RIC 100), which would leave 21 elective credits.