

BREAKFAST MEALS

Breakfast Option I

- Plain Bagel & Cream Cheese
- Yoplait Strawberry Yogurt
 - Fruit Cup
 - Cereal Bar
 - Orange Juiceor
 - Bottled Water

Breakfast Option II

- Cereal with Milk
- Yoplait Strawberry Yogurt
 - Fruit Cup
 - Cereal Bar
 - Orange Juiceor
 - Bottled Water

Breakfast Option III

- Hard Boiled Eggs
- Yoplait Strawberry Yogurt
 - Fruit Cup
 - Cereal Bar
 - Orange Juiceor
 - Bottled Water

Breakfast Option IV

- French Toast Sticks & Syrup
- Yoplait Strawberry Yogurt
 - Fruit Cup
 - Cereal Bar
 - Orange Juiceor
 - Bottled Water

Breakfast Option V

- 2 Pancakes
 - 2 Sausage
 - Home Fries
 - Fruit Cup
 - Orange Juice
- or
- Bottled Water

SALAD MEALS

Salad Option I

- Garden Salad
Italian Dressing
- Cookie Pack
- Whole Fruit
or
- Potato Chips
- Bottled Water
or
- Gatorade

Salad Option III

- Caesar Salad
- Cookie Pack
- Whole Fruit
or
- Potato Chips
 - Bottled
or
- Gatorade

Salad Option V

- Buffalo Chicken Salad
Bleu Cheese Dressing
- Cookie Pack
- Whole Fruit
or
- Potato Chips
- Bottled Water
or
- Gatorade

Salad Option II

- Chef's Salad
Italian Dressing
- Cookie Pack
- Whole Fruit
or
- Potato Chips
- Bottled Water
or
- Gatorade

Salad Option IV

- Chicken Caesar Salad
 - Cookie Pack
 - Whole Fruit
or
- Potato Chips
- Bottled Water
or
- Gatorade

Salad Option VI

- Garden Salad with Tuna
Italian Dressing
- Cookie Pack
- Whole Fruit
or
- Potato Chips
- Bottled Water
or
- Gatorade

DELI MEALS

Deli Option I

- Chicken Caesar Wrap
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

Deli Option III

- Hummus Wrap
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

Deli Option V

- Peanut Butter & Jelly
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

Deli Option II

- Turkey Wrap or Grinder
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

Deli Option IV

- Italian Wrap or Grinder
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

Deli Option VI

- Buffalo Chicken Wrap
 - Side Salad
 - Cookie Pack
 - Whole Fruitor
 - Potato Chips
 - Bottled Water
- or
- Gatorade

LUNCH/DINNER MEALS

Lunch/Dinner Option I

- Mac & Cheese
 - Biscuit
 - Side Salad
- Cookie Pack
- Whole Fruit
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option II

- Ziti Marinara
- Breadstick
- Side Salad
- Cookie Pack
- Whole Fruit
- Or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option III

- Vegan Ravioli Marinara
 - Breadstick
 - Side Salad
- Cookie Pack
- Whole Fruit
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option IV

- Penne Primavera
 - Breadstick
 - Side Salad
- Cookie Pack
- Whole Fruit
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

LUNCH/DINNER MEALS

Lunch/Dinner Option V

- Vegan Nuggets
- Steamed Rice
- Cookie Pack
- Vegetable Eggroll
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option VI

- General Tso's Chicken
- Steamed Rice
- Cookie Pack
- Vegetable Eggroll
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option VII

- Grilled Chicken
- Farmer's Rice
- Broccoli
- Cookie Pack
- Whole Fruit
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

Lunch/Dinner Option VIII

- Roasted Turkey
- Farmer's Rice
- Corn
- Cookie Pack
- Whole Fruit
- or
- Potato Chips
- Bottled Water
- or
- Gatorade

SPECIAL MEALS

Special Option I

- Chicken Tortilla Soup
- Garden Salad & Breadstick
 - Cookie Pack
 - Whole Fruit
 - or
 - Potato Chips
- Bottled Water
- or
- Gatorade

Special Option II

- Chicken Parm
- Pasta Marinara & Breadstick
 - Cookie Pack
 - Whole Fruit
 - or
 - Potato Chips
- Bottled Water
- or
- Gatorade

Special Option III

- Nachos
- Chili, Cheese, Salsa, Guacamole
 - Cookie Pack
 - Whole Fruit
 - or
 - Potato Chips
- Bottled Water
- or
- Gatorade

Special Option IV

- Protein Packed Bowl:
Grilled Chicken, Egg, Broccoli,
Brown Rice, Red Quinoa
 - Cookie Pack
 - Whole Fruit
 - or
 - Potato Chips
- Bottled Water
- or
- Gatorade

Special Option V

- Chicken Parm Calzone
 - Side Salad
 - Cookie Pack
 - Whole Fruit
 - or
 - Potato Chips
- Bottled Water
- or
- Gatorade

SNACK PACKAGES

Snack Option I

- 1 Box of Cookies
Oreo, Chips Ahoy, or Fudge
Stripe
 - 1.5 oz. Potato Chips
 - Candy
- Choice of 1: Sour Patch Watermelons, Swedish Fish, or Swedish Fish Assorted

Snack Option III

- Frozen Celeste Pizza
Cheese or Pepperoni
 - 2.5 oz. Potato Chips
 - Cookie Pack
 - Candy
- Choice of 1: Sour Patch Watermelons, Swedish Fish, or Swedish Fish Assorted
- Sour Patch Watermelons,

Snack Option II

- Choice of 4 Packages of
Candy
Sour Patch
Watermelons,
Swedish Fish &
Swedish Fish Assorted

Snack Option IV

- Piece of Cake
Chocolate or Carrot
 - Pudding Parfait
Chocolate or Vanilla
 - Cookie Pack
 - Candy
- Choice of 1: Sour Patch Watermelons, Swedish Fish, or Swedish Fish Assorted
- Sour Patch Watermelons,

Snack Option V

- Veggie Dippers with Ranch
- Hummus with Pretzels
 - Tropical Fruit Cup
 - Whole Fruit

BEVERAGE PACKAGES

Beverage Option I

- (5) 16.9 oz. Aquafina
Water Bottles

Beverage Option II

- Choice of (4)
20 oz. Gatorade Bottles:
Fruit Punch, Orange,
Lemon-Lime,
Cool Blue,
Glacier Freeze,
Glacier Cherry

Beverage Option III

- Choice of (4)
20 oz. Pepsi Products:
Pepsi, Diet Pepsi,
MTN Dew, Ginger Ale,
Brisk Lemon Iced Tea