

Academic Rhode Map for BS in Health and Physical Education at Rhode Island College

- This Rhode Map is a suggested pathway to graduation in 8 semesters
 - There are other valid pathways available to graduation - part time, summer/early spring classes, etc.
- The left column contains the suggested courses for each semester, the right column contains notes for the course and about progress towards graduation
- Some courses might not be offered during the semester shown on the map
 - In these cases, courses listed in future semesters can be substituted if their prerequisites have been satisfied
 - Your advisor can help you determine which courses can be used during your appointment each semester
- This Rhode Map is designed primarily with incoming freshmen in mind and assumes a Fall start
 - Transfer students can also use it as a guide, knowing that their transfer credits may have satisfied some requirements. Academic advisors are available to answer questions about how these will affect the program
 - Students starting in the spring may need to adjust based on class offerings and availability

GENERAL EDUCATION REQUIREMENTS CHECKLIST

FYW 100 – Taken in first year (Cannot be used as elective)		Math (M) - Suggested in first year
	Distribution Courses - One from each category	Arts (A)
		History/Philosophy (HP)
FYS 100 – Taken in first year (Cannot be used as elective)		Literature/Language (LL)
		Natural Science (NS) - Satisfied by BIOL 201/202
		Social & Behavioral Sciences (SB) - Satisfied by CEP 215
Connections – Taken after FYW & FYS		Elective(s) for 40 total Gen Ed credits (E)

MAJOR REQUIREMENTS CHECKLIST

HPE 140 Foundations: Physical Education and Exercise Science	HPE 423W Student Teaching Seminar in Health and Physical Education
HPE 200W Promoting Health and Well-Being in Schools	HPE 425W Student Teaching in Health and Physical Education
HPE 210 Nutrition Education	HPE 428 Educational Kinesiology and Exercise Physiology
HPE 213 Movement Exploration for Children	HPE 431 Drug Education
HPE 243 Motor Development and Motor Learning	HPE 444 Practicum in Adapted Physical Education
HPE 300 Health Education and Health Promotion Pedagogy	
HPE 301W Principles of Teaching Activity	COGNATES
HPE 314 Middle School Activities	BIOL 201 Human Anatomy and Physiology I Lecture
HPE 315 High School Activities	BIOL 202 Human Anatomy and Physiology I Lab
HPE 325 Assessment in Health and Physical Education	BIOL 203 Human Anatomy and Physiology II Lecture
HPE 340 Sexuality Education	BIOL 204 Human Anatomy and Physiology II Lab
HPE 409 Adapted Physical Education	CEP 215 Introduction to Educational Psychology
HPE 410 Managing Stress and Mental/Emotional Health	FNED 101 Introduction to Teaching and Learning
HPE 413 Practicum in Elementary Physical Education	FNED 246 Schooling for Social Justice
HPE 414W Practicum in Secondary Physical Education	SPED 333 Introduction to Special Education: Policies/Practice
HPE 415 Teaching/Assessment in Adapted Physical Education	TESL 401 Introduction to Teaching Emergent Bilinguals
HPE 417 Practicum in Elementary Health Education	
HPE 418 Practicum in Secondary Health Education	

Graduation Requirements:

- **Completion of General Education Requirements** – See table above
- **Completion of Major Requirements** — See table above
- **RIC 100 or Equivalent** — Taken in first year
- **College Math Milestone** — Satisfied by placement exam or completion of MATH 010
- **College Writing Competency** — Satisfied by FYW 100 with a minimum grade of C
- **Minimum 120 Credit Hours** — At least 30 credits at RIC (of which 15 from major, including 12 at 300 or 400 level)
- **Minimum GPA** - 2.0 overall

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SEMESTER 1	CR	SEMESTER 1 NOTES
FYW 100 First Year Writing	4	FYW Directed Self Placement exam
RIC 100 Introduction to Rhode Island College	1	Exempt if taking COLL 101, COLL 150, or HONR 150
FNED 101 Introduction to Teaching and Learning	2	
General Education Course (any except NS or SB)	4	Gen Ed (NS) satisfied by BIOL 201/202 Gen Ed (SB) satisfied by CEP 215
HPE 200W Promoting Health and Well-Being in Schools (F)	3	
Requirements and GPA		<i>Aim for 15 earned credits (While 12 is fulltime, 15 credits are preferred to stay on track to graduate in 4 years). Minimum 2.75 GPA. Math Milestone completed</i>
# CREDITS EARNED	14	<i>By October, make appointment with advisor to discuss your schedule for next semester</i>

SEMESTER 2	CR	SEMESTER 2 NOTES
HPE 140 Foundations: Physical Education and Exercise Science	3	
FNED 246 Schooling for Social Justice	4	Prereqs = 12 Credits, FYW (B- or higher), FNED 101 (B- or higher)
FYS 100 First Year Seminar	4	
HPE 210 Nutrition Education (S)	3	HPE 200 or HPE 200W, or consent of department chair.
HPE 243 Motor Development and Motor Learning	3	
Requirements and GPA		<i>Need a minimum of 30 earned credits; minimum of 2.75 GPA overall and in the major May apply for School of Education (FSEHD) admission at the end of this semester.</i>
# CREDITS EARNED	17	<i>By March, make appointment with advisor to discuss your schedule for next semester</i>

SEMESTER 3	CR	SEMESTER 3 NOTES
HPE 213 Movement Exploration for Children (F)	3	
HPE 301W Principles of Teaching Activity	3	Prereq = Admission to the Feinstein School of Education and Human Development or consent of department chair.
HPE 410 Managing Stress and Mental/Emotional Health	3	Prereq = 30 credits
General Education Course (Any still needed)	3-4	
BIOL 201 Anatomy and Physiology I Lecture	3	Prereq = Concurrent or previous enrollment in BIOL 202
BIOL 202 Anatomy and Physiology I Lab	1	Prereq = Concurrent or previous enrollment in BIOL 201
Requirements and GPA		<i>Need minimum of 45 earned credits, minimum of 2.75 GPA overall and in the major</i>
# CREDITS EARNED	16 -17	<i>By October, make appointment with advisor to discuss your schedule for next semester Apply for School of Education (FSEHD) admission at the end of this semester if you did not do so last semester</i>

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SEMESTER 4	CR	SEMESTER 4 NOTES
CEP 215 Introduction to Educational Psychology	4	
HPE 300 Health Education and Health Promotion Pedagogy (S)	3	Prereq = GPA minimum 2.75 and admission to the Health Education teacher program or consent of department chair.
HPE 340 Sexuality Education (S)	4	Prereq = 24 credit hours
SPED 333 Introduction to Special Education: Policies/Practice	3	Prereq = HPE 300 or HPE 301W
BIOL 203 Anatomy and Physiology II Lecture	3	Prereq = BIOL 201 and BIOL 202, and concurrent enrollment or prior completion of BIOL 204.
BIOL 204 Anatomy and Physiology II Lab	1	Prereq = BIOL 201 and BIOL 202, and concurrent enrollment or prior completion of BIOL 203.
Requirements and GPA		<i>Need minimum of 60 earned credits; minimum of 2.75 GPA overall and in the major</i>
# CREDITS EARNED	18	<i>By March, make appointment with advisor to discuss your schedule for next semester</i>

SEMESTER 5	CR	SEMESTER 5 NOTES
General Education Course (Any still needed)	3-4	
HPE 314 Middle School Activities (F)	3	Prereq = HPE 301W and HPE 213
HPE 325 Assessment in Health and Physical Education (F)	3	Prereq = HPE 301W and HPE 300
HPE 428 Educational Kinesiology and Exercise Physiology (F)	3	Prereq = BIOL 231, BIOL 335, and HPE 313; or consent of department chair.
HPE 431 Drug Education (F)	3	Prereq = HPE 300
Requirements and GPA		<i>Aim for minimum of 75 earned credits; minimum of 2.75 GPA overall and in the major</i>
# CREDITS EARNED	15 -16	<i>By October, make appointment with advisor to discuss your schedule for next semester</i>

SEMESTER 6	CR	SEMESTER 6 NOTES
HPE 315 High School Activities (S)	3	Prereq = HPE 314
HPE 409 Adapted Physical Education (S)	3	Prereq = SPED 333, Concurrent enrollment or completion of HPE 413)
HPE 413 Practicum in Elementary Physical Education (S)	3	Prereq = HPE 314
HPE 417 Practicum in Elementary Health Education (S)	3	Prereq = HPE 325
General Education Course (any still needed)	3-4	
Requirements and GPA		<i>Aim for minimum of 90 earned credits; minimum of 2.75 GPA overall and in the major. Apply for degree audit online through MyRIC</i>
# CREDITS EARNED	15 -16	<i>By March, make appointment with advisor to discuss your schedule for next semester</i>

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SEMESTER 7	CR	SEMESTER 7 NOTES
HPE 414W Practicum in Secondary Physical Education	3	Prereq = HPE 315
HPE 418 Practicum in Secondary Health Education	3	Prereq = HPE 417
HPE 415 Teaching/Assessment in Adapted Physical Education	3	Prereq = HPE 409
TESL 401 Introduction to Teaching Emergent Bilinguals	4	Prereq = FNED 246; Concurrent enrollment or completion of practicum
Gen Ed - Connections	4	Prereqs = FYW and FYS
Requirements and GPA		<i>Aim for minimum of 105 earned credits; minimum of 2.75 GPA overall and in the major.</i>
# CREDITS EARNED	17	<i>By October, make appointment with advisor to discuss your schedule for next semester</i>

SEMESTER 8	CR	SEMESTER 8 NOTES
HPE 444 Practicum in Adapted Physical Education	3	Prereq = HPE 415
HPE 423W Student Teaching Seminar in Health and Physical Education	2	Prereq = Concurrent enrollment in HPE 425W
HPE 425W Student Teaching in Health and Physical Education	7	Prereq = Passing score(s) on Praxis, approved Preparing to Teach Portfolio and other Feinstein School of Education and Human Development admission and retention requirements. Corequisite: Concurrent enrollment in HPE 423W.
Requirements and GPA		<i>Need minimum of 120 earned credits; minimum of 2.75 GPA overall and in the major</i>
# CREDITS EARNED	12	<i>Attend Gradfest and Commencement</i>

NOTE:

- The total number of credits needed for the major, general education, and other requirements may be less than the 120 required for graduation. Those remaining credits can be satisfied with electives, or they can be used toward a second major or minor which could be very useful.
 - Along with your advisor, this Rhode Map can help you determine if a second major or minor could fit into your plan

The total credit count for the major is 97 credits, and 40 credits for General Education. However, 12 Gen. Ed. credits for NS, SB and Elective can double count, so the program can be completed in 125 credits.

Approved by Department Chair: Susan Clark

Date: 11/11/2024

Approved by Undergraduate Curriculum Committee

Date: 11/11/2024

Revised: